

# CHAPTER 3 WORKSHEETS

## *Transcending Competition and Disunity Releasing Mechanical and Fear Based Thoughtform*

### THE DANCE OF COMPETITION

**1. Who do I compete with in the dance of life perceiving myself greater than or superior?**

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*I intend to transcend the need to compete with others in the dance of life.*

*I intend to forgive myself for perceiving myself greater than with each upon my list.*

*I intend to cease puffing myself up beyond my level of mastery in order to feel greater than others.*

*I intend to forgive my ancestors for the dance of competition and feeling superior and above others.*

*I intend to create a new dance of life where unity and equality may flourish with all others.*

**2. Who do I compete with in the dance of life perceiving myself lesser than or inferior?**

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*I intend to forgive myself for feeling inferior with each upon my list.*

*I intend to cease giving others chi so that they can puff up feeling greater than life and better than me.*

*I intend to cease to subordinate unto others in any manner.*

*I intend to retrieve my chi and power from each upon my list.*

*I intend to forgive my ancestors for the dance of competition and feeling lesser than others.*

<div><div>3. Who do I bend my will unto in the dance of life accommodating myself unto another?</div><div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div></div> <td><div><div>I intend to transcend the need to bend my will unto another.</div><div>I intend to cease to accommodate another in ways that are non-resonant with myself and my own needs.</div><div>I intend to forgive myself for bending my will with each upon my list.</div><div>I intend to forgive my ancestors for bending their will unto others and accommodating others in non-resonant manners that self sacrificed.</div><div>I intend to cease to self sacrifice.</div><div>I intend to learn to stand in my truth in the dance of life.</div></div></td>	<div><div>I intend to transcend the need to bend my will unto another.</div><div>I intend to cease to accommodate another in ways that are non-resonant with myself and my own needs.</div><div>I intend to forgive myself for bending my will with each upon my list.</div><div>I intend to forgive my ancestors for bending their will unto others and accommodating others in non-resonant manners that self sacrificed.</div><div>I intend to cease to self sacrifice.</div><div>I intend to learn to stand in my truth in the dance of life.</div></div>
<div><div>4. Who do I force to bend their will unto mine, and accommodate me in the dance of life?</div><div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div></div> <td><div><div>I intend to cease to force others to bend their will unto mine.</div><div>I intend to learn to embrace others unconditionally in the dance of life.</div><div>I intend to forgive myself for forcing those upon my list to bend their will unto mine.</div><div>I intend to forgive my ancestors for forcing others to bend their will unto their own wants and needs and sometimes at the expense of another.</div><div>I intend to transcend the dance of sacrifice of anyone including myself in the dance of life.</div></div></td>	<div><div>I intend to cease to force others to bend their will unto mine.</div><div>I intend to learn to embrace others unconditionally in the dance of life.</div><div>I intend to forgive myself for forcing those upon my list to bend their will unto mine.</div><div>I intend to forgive my ancestors for forcing others to bend their will unto their own wants and needs and sometimes at the expense of another.</div><div>I intend to transcend the dance of sacrifice of anyone including myself in the dance of life.</div></div>

## HEALING THE INNER FAMILY

### Healing Self Sacrifice

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood did you begin to sacrifice of yourself to please others or to be accepted and loved by the parent, teacher or group?</b></p> <p><i>I intend to release and erase all memories at cause of why I self sacrifice in present time due to childhood trauma.</i></p> <p><i>I intend to replace the memories of self sacrifice with memories of balanced giving and receiving in childhood.</i></p> <p><i>I intend to forgive my parents or other adults or friends who pressed me to self sacrifice to meet their own needs or criteria in childhood.</i></p> <p><i>I intend to forgive my inner child for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner children may learn unconditional acceptance within my inner family.</i></p>	<p>           ___ Age 0-1    ___ Age 6-7            ___ Age 1-2    ___ Age 7-8            ___ Age 2-3    ___ Age 8-9            ___ Age 3-4    ___ Age 9-10            ___ Age 4-5    ___ Age 10-11            ___ Age 5-6    ___ Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceived as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner male child.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male child that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner child the full expression of his truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner male child.</i></p>	<p>           ___ Age 0-1    ___ Age 6-7            ___ Age 1-2    ___ Age 7-8            ___ Age 2-3    ___ Age 8-9            ___ Age 3-4    ___ Age 9-10            ___ Age 4-5    ___ Age 10-11            ___ Age 5-6    ___ Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceived as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner female child.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female child that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner female child the full expression of her truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner female child.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to self sacrifice?</b></p> <hr/>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to sacrifice of yourself to please others or to be accepted and loved by the parent, teacher or group?</b></p> <p><i>I intend to release and erase all memories at cause of why I self sacrifice in present time due to teenage trauma.</i></p> <p><i>I intend to replace the memories of self sacrifice with memories of balanced giving and receiving in my teenage years.</i></p> <p><i>I intend to forgive my parents or other adults or friends who pressed me to self sacrifice to meet their own needs or criteria in my teenage years.</i></p> <p><i>I intend to forgive my inner teenager for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner teenager may learn unconditional acceptance within my inner family.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive are missing or fractured.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner male teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male teenager that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner male teenager the full expression of his truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner male teenage years.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as missing or fractured.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner female teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female teenager that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner female teenager the full expression of her truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner female teenage years.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to self sacrifice?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you sacrifice of yourself to please others or to be accepted and loved by the boss, partner or group?</b></p> <p><i>I intend to release and erase all memories at cause of why I self sacrifice in present time due to adult trauma.</i></p> <p><i>I intend to replace the memories of self sacrifice with memories of balanced giving and receiving in my adult years.</i></p> <p><i>I intend to forgive my parents or other adults or friends who pressed me to self sacrifice to meet their own needs or criteria in my adult years.</i></p> <p><i>I intend to forgive my inner adult for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner adult may learn unconditional acceptance within my inner family.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner male adult the full expression of his passion and truth.</i></p> <p><i>I intend to send all information that I now know about my personal truth back in time throughout my inner male adult years.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner female adult the full expression of her passion and truth.</i></p> <p><i>I intend to send all information that I now know now about my personal truth back in time throughout my inner female adult years.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to self sacrifice?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or each of your parents self sacrificing for yourself, the family, the workplace or the neighborhood?</b></p> <p><i>I intend to release and erase all memories of my parents self sacrificing for others including myself.</i></p> <p><i>I intend to replace the memories of self sacrifice within my inner parents with memories of balanced giving and receiving.</i></p> <p><i>I intend to forgive my parents for sacrificing of themselves for me or others.</i></p> <p><i>I intend to forgive myself as a parent for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner parents may learn unconditional acceptance within my inner family.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that gives to himself as well as to others but in balance that nurtures all concerned.</i></p> <p><i>I intend to release the memory of self sacrifice within my inner father.</i></p> <p><i>I intend to erase each experience of self sacrifice within my inner father.</i></p> <p><i>I intend to replace the experiences of self sacrifice with experiences where my inner father lives in balanced giving and receiving.</i></p> <p><i>I intend that my inner father have all information that I understand now.</i></p> <p><i>I intend that my inner father learn to relate to the rest of the family out of truth, passion and full self expression.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that gives to herself as well as to others but in balance that nurtures all concerned.</i></p> <p><i>I intend to release the memory of self sacrifice within my inner mother.</i></p> <p><i>I intend to erase each experience of self sacrifice within my inner mother.</i></p> <p><i>I intend to replace the experiences of self sacrifice with experiences where my inner mother lives in balanced giving and receiving.</i></p> <p><i>I intend that my inner mother have all information that I understand now.</i></p> <p><i>I intend that my inner mother learn to relate to the rest of the family out of truth, passion and full self expression.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to self sacrifice?</b></p> <hr/>		

## ANU AND RED NATION BRIDGE KARMA

<p><b>1. Who do I take depression and sour dreams from in the dance of life?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to cease to trade good dreams for sour dreams with those upon my list.</i></p> <p><i>I intend to retrieve all dreams I have given away over time.</i></p> <p><i>I intend to release all ancestral karma as to why I trade good dreams for sour dreams in the dance of life.</i></p> <p><i>I intend to forgive my ancestors to making this type of dream trade over time.</i></p> <p><i>I forgive myself for trading dreams over time and in this lifetime.</i></p> <p><i>I intend to complete with the dance of trading dreams and learn to become the dreamer and the dream, weaving my own dream for the now and future dance of life.</i></p>
<p><b>2. Who am I related unto in inheritance?</b></p> <p>___ Persephone</p> <p>___ Persephone's and Merduk's Children</p> <p>___ Rosetti</p> <p>___ Rosetti and Apollo's Children</p> <p>___ Onton</p> <p>___ Onton and Athena's Children</p>	<p><i>I intend to forgive the dance with the Anu in my inheritance.</i></p> <p><i>I intend to forgive my ancestors for taking on sour dreams or becoming bridges unto the Anu.</i></p> <p><i>I intend to forgive my ancestors who were bridges for allowing sour dreams of depression and disease as well as death to flow through their field from the Anu unto their tribe.</i></p> <p><i>I intend to forgive myself for being any sort of bridge for the Anu in this lifetime.</i></p> <p><i>I intend to complete with the ancestors who participated in Anu bridge patterning in full in this lifetime.</i></p>



## HEALING THE INNER FAMILY

### Bringing Forth the Authentic Self

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages do you have record of expressing the authentic self in childhood?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner children.</i></p> <p><i>I intend to bring forward the memories of the authentic self and full unlimited expression that I experienced in childhood into the now.</i></p> <p><i>I intend to forgive my parents or other adults or friends who programmed my inner child to cease to express the authentic self.</i></p> <p><i>I intend to forgive my inner child for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each child in each age range within my inner family.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner male child that expressed in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner male child.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner male child.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner male child the full expression of his love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner male child's authentic self and truth.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner female child that expressed in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner female child.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner female child.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner female child the full expression of her love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner female child's authentic self and truth.</i></p>

**What herbs, minerals or Language of Light tones would be useful in the bringing forth the full expression of the authentic self of my inner children?**

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Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages do you have record of expressing the authentic self in teenage years?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner teenager.</i></p> <p><i>I intend to bring forward the memories of the authentic self and full unlimited expression that I experienced in my teenage years into the now.</i></p> <p><i>I intend to forgive my parents or other adults or friends who programmed my inner teenager to cease to express the authentic self.</i></p> <p><i>I intend to forgive my inner teenager for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each inner teenager family member in each age range.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner male teenager that expressed himself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner male teenager.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner male teenager.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner male teenager the full expression of his love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner male teenager's authentic self and truth.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner female teenager that expressed herself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner female teenager.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner female teenager.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner female teenager the full expression of her love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner female teenager's authentic self and truth.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the bringing forth of the authentic self of the inner teenager?</b></p> <hr/> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages do you have record of expressing the authentic self in your young adult years?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner adult.</i></p> <p><i>I intend to bring forward the memories of the authentic self and full unlimited expression that I experienced in my young adult years into the now.</i></p> <p><i>I intend to forgive my bosses, partners or friends who programmed my inner adult to cease to express the authentic self.</i></p> <p><i>I intend to forgive my inner young adult for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each inner adult family member in each age range throughout my time in upon the physical plane.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult that expressed himself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner male adult.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner male adult.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner male adult the full expression of his love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests and preoccupations that were a natural part of the expression of my inner male adult's authentic self and truth.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult that expressed herself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner female adult.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner female adult.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner female adult the full expression of her love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests and preoccupations that were a natural part of the expression of my inner female adult's authentic self and truth.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in bringing forth the authentic self of my inner adult? _____</b></p>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of your parents expressing in their authentic self?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner parents.</i></p> <p><i>I intend to forgive my real parents for allowing others to program them in such a manner that they lost their authentic self expression.</i></p> <p><i>I intend to forgive my inner parents for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to forgive my inner parents as well as myself for parenting outside of the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each inner parent so that they may guide the inner family as well as my real family from a place of passion, truth and love of the authentic self.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that expresses in his authentic self.</i></p> <p><i>I intend to release the memory of lack of full self expression within my inner father.</i></p> <p><i>I intend to erase each experience of loss of authentic self within my inner father.</i></p> <p><i>I intend to replace the experiences of my inner father of an inability to express with those of full self expression within the authentic self.</i></p> <p><i>I intend to forgive myself for relating unto my own children outside of the authentic self and my real inner truth.</i></p> <p><i>I intend that my inner father learn to relate to the rest of the family out of truth, passion and full self expression of the authentic self.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that expresses in her authentic self.</i></p> <p><i>I intend to release the memory of lack of full self expression within my inner mother.</i></p> <p><i>I intend to erase each experience of loss of authentic self within my inner mother.</i></p> <p><i>I intend to replace the experiences of my inner mother of an inability to express with those of full self expression within the authentic self.</i></p> <p><i>I intend to forgive myself for relating unto my own children outside of the authentic self and my real inner truth.</i></p> <p><i>I intend that my inner mother learn to relate to the rest of the family out of truth, passion and full self expression of the authentic self.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in bringing forth the authentic self within my inner parents?</b></p> <hr/>		

## RETRIEVING CHILDHOOD TEENAGE AND YOUNG ADULT DREAMS

<p><b>1. What dreams did I have in childhood that were never manifest or fulfilled upon?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to bring forth those dreams that were unfulfilled from my childhood years and fulfill upon them now if I desire to do so.</i></p> <p><i>I intend to forgive those that took away my childhood dreams and programmed me for non-fulfillment in the dance of life.</i></p> <p>Who took my childhood dreams? _____</p> <p>_____</p>
<p><b>2. What dreams in my teenage years did I have that were never manifest or fulfilled upon?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to bring forth those dreams that were unfulfilled from my teenage years and fulfill upon them now if I desire to do so.</i></p> <p><i>I intend to forgive those that took away my teenage dreams and programmed me for non-fulfillment in the dance of life.</i></p> <p>Who took my teenage dreams? _____</p> <p>_____</p>
<p><b>3. What dreams in my young adult years did I have that were never manifest or fulfilled upon?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to bring forth those dreams that were unfulfilled from my young adult years and fulfill upon them now if I desire to do so.</i></p> <p><i>I intend to forgive those that took away my young adult dreams and programmed me for non-fulfillment in the dance of life.</i></p> <p>Who took my young adult dreams? _____</p> <p>_____</p> <p><i>I intend to retrieve all dreams that I have given away over time or cast for others in my life experience.</i></p>

## DEPROGRAMMING THOUGHTFORM LOOPS

<p><b>1. How many loops of mechanical thoughtform do I have up now to transcend in this moment?</b></p> <p># Loops _____</p>	<p><i>I intend to transcend all mechanical behavior in this lifetime.</i></p> <p><i>I intend to bring forth the authentic self founded upon the thoughtform of the Language of Light.</i></p> <p><i>I intend to allow myself my full self expression and all creative endeavors I desire to fulfill upon in the physical.</i></p>
<p><b>2. Using the thoughtform chart from chapter 2, what are the associated thoughtforms of each of the program loop? Use a separate piece of paper if the loops are greater than 12 in number.</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>7. _____</p> <p>8. _____</p> <p>9. _____</p> <p>10. _____</p> <p>11. _____</p> <p>12. _____</p>	<p><b>For each loop, what age was the first bead of emotional charge laid in? And what was the circumstance that occurred in the dance of life associated? Note that some circumstances will cross over and cause the first bead in many programs.</b></p> <p>1. Age _____ Circumstance _____</p> <p>2. Age _____ Circumstance _____</p> <p>3. Age _____ Circumstance _____</p> <p>4. Age _____ Circumstance _____</p> <p>5. Age _____ Circumstance _____</p> <p>6. Age _____ Circumstance _____</p> <p>7. Age _____ Circumstance _____</p> <p>8. Age _____ Circumstance _____</p> <p>9. Age _____ Circumstance _____</p> <p>10. Age _____ Circumstance _____</p> <p>11. Age _____ Circumstance _____</p> <p>12. Age _____ Circumstance _____</p> <p><i>I intend to erase each of the first beads of the program loops that are up to be cleared at this time. I intend to gather up pieces and parts of my inner child at each associated age and send them to the Aurora for recasting and integration. I intend to release the emotional charge that began each of the mechanical programs I am clearing at this time and forgive those who programmed me.</i></p>

<p><b>3. How many key emotionally charged beads are upon each program loop? Note that sometimes there can be hundreds or even thousands of beads of cause and effect depending upon size of program, but that only a handful will be key to the release of the entire chain.</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>7. _____</p> <p>8. _____</p> <p>9. _____</p> <p>10. _____</p> <p>11. _____</p> <p>12. _____</p> <p><i>I intend a thorough release of all thought-form associated with this particular loop of mechanical programs.</i></p>	<p><b>For each of the above program loops, what other age ranges in my personal life experience were the program loops triggered again? What were the traumatic life circumstances associated?</b></p> <p><b>Second Emotionally Charged Bead</b>  <i>Use another piece of paper if there are more than two emotionally charged beads from this lifetime within each program loop you are releasing at this time.</i></p> <p>1. Age _____ Circumstance _____</p> <p>2. Age _____ Circumstance _____</p> <p>3. Age _____ Circumstance _____</p> <p>4. Age _____ Circumstance _____</p> <p>5. Age _____ Circumstance _____</p> <p>6. Age _____ Circumstance _____</p> <p>7. Age _____ Circumstance _____</p> <p>8. Age _____ Circumstance _____</p> <p>9. Age _____ Circumstance _____</p> <p>10. Age _____ Circumstance _____</p> <p>11. Age _____ Circumstance _____</p> <p>12. Age _____ Circumstance _____</p> <p><i>I intend to release and erase each emotionally charged bead in each program loop I am clearing at this time.</i></p> <p><i>I intend to retrieve the parts of my inner family that fractured in the record of the traumatic experience associated.</i></p> <p><i>I intend to send the pieces of my unconscious that I am retrieving at this time to the Aurora for recasting and integration.</i></p>
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<p><b>4. What key ancestral lives can I recall that are associated with the program loops I am releasing at this time?</b></p> <p><i>Generally speaking, there are two to three ancestral lives that are significant to any loop of programming and mechanical thoughtform one is transcending.</i></p> <p><i>You will find key beads of cause and effect in relation to these two or three ancestors strung throughout each of the program loops.</i></p> <p><i>If you cannot recall the details of the ancestral lives, then before falling asleep intend to bring them to consciousness upon awakening the next morning.</i></p> <p><i>Intend to erase each bead associated with key emotional charges from ancestral memories upon the beads of cause and effect of each program loop for a complete transcendence.</i></p> <p><i>Intend to spin up the field to dissolve the remainder of the program loops and any other associated mechanization within the field.</i></p>	<p><i>See if you can bring to consciousness the circumstances of the ancestors who also fell into the same mechanical thoughtform when they were alive.</i></p> <p>Ancestor 1: _____</p> <p>Era that they lived _____</p> <p>Traumatic Circumstance _____</p> <p>_____</p> <p>_____</p> <p>Ancestor 2: _____</p> <p>Era that they lived _____</p> <p>Traumatic Circumstance _____</p> <p>_____</p> <p>_____</p> <p>Ancestor 3: _____</p> <p>Era that they lived _____</p> <p>Traumatic Circumstance _____</p> <p>_____</p> <p>_____</p> <p><i>I intend to forgive each ancestor who experienced parallel mechanical thoughtform to myself in this lifetime.</i></p> <p><i>I intend to call my ancestors forward who shared mechanical thoughtform loops with me so that they too can release their karma for this experience.</i></p> <p><i>I intend to release the karma for how the mechanical thoughtform became a part of my inheritance.</i></p>
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<p><b>5. How many groups of personality do I have associated with the loops of programming that I am releasing at this time?</b></p> <p># Groups Personality Entities _____</p>	<p><i>I intend to release all agreements with all personality entities that dance with my field in association with the mechanical programming and thoughtform that I am releasing at this time.</i></p> <p><i>I intend to release all personality that is non-supportive of ascension and break all contracts at this time.</i></p> <p><i>I intend to flush out of my field those persona that are no longer useful sending them to the Aurora.</i></p>
<p><b>6. How many ancestors do I have that are willing to work with me in support of my ascension and life endeavors at this time?</b></p> <p># Ancestors _____</p> <p>Era that they each lived _____</p> <p>_____</p> <p>_____</p> <p>Red nation lineages associated with the above ancestors?</p> <p>_____ Polynesian</p> <p>_____ Tibetan</p> <p>_____ Aboriginal (Australian)</p> <p>_____ Inuit/Mongolian</p> <p>_____ African</p> <p>_____ N. American Indian</p> <p>_____ S. American Indian</p>	<p><i>I intend to anchor new persona from Earth that is supportive of ascension and the ancestors to support me in the dance of life.</i></p> <p><i>I intend to release all personality entities in this lifetime and become a pure channel of soul, Earth, nature and my ancestors.</i></p> <p><i>I intend to bring forth the gifts and talents that my ancestors expressed when they were alive and intend to express them upon the physical plane.</i></p> <p><i>I invite my ancestors to teach me new energy flow that is supportive of ascension and helpful in the integration of the Language of Light.</i></p> <p><i>I request my ancestors, Mother Earth and nature to participate in my life dance and spiritual lessons that I am learning.</i></p> <p><i>I intend to anchor those red nation ancestors that understood rotational magnetic energy flow in their lifetimes to assist me in mastering Beehive flow.</i></p> <p><i>I intend to anchor larger headed grand master ancestors if they are a part of my inheritance to assist me in the spiritual lessons that I am learning.</i></p> <p><i>I intend to embody red nation magnetic DNA that are resonant with the Great Central Sun that Terra returning to.</i></p>

















<p><b>7. Are there any holographic replication devices that will reinstate the programming I am releasing at this time?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>_____ # Replication Devices</p> <p><b>8. Are there any entities that will reinstate the programming I am releasing at this time?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>_____ # Entities?</p>	<p><i>I intend to erase any and all mechanisms designed to reinstate the programming or personality entities that I am releasing at this time.</i></p> <p><i>I intend to release all agreements for all nonphysical forces that desire to reinstate programming that I am releasing at this time.</i></p> <p><i>I intend to remove any entities that are vying to reinstate the programming that I am releasing at this time.</i></p> <p><i>If the harmful entities will not vacate my field and continue to manipulate me, I intend to shatter them into non-conscious dust that cannot interfere with my ascension.</i></p> <p><i>I intend to retrieve all my power from the nonphysical to direct my ascent.</i></p> <p><i>I intend a thorough transcendence of each layer of mechanical thoughtform in my continued ascent.</i></p>
<p><b>9. Are there mirror beads that catch projected programs of others in my field?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>_____ # Mirror Bead Chains</p> <p>Who do I know that projects this programming upon me?          _____</p> <p>What is their archetypal nature?          _____</p>	<p><i>I intend to erase any mirror bead chains that catch the projected programming from another.</i></p> <p><i>I forgive my slave ancestry for being used by the Anu as their servants and slaves.</i></p> <p><i>I intend to cease to allow others to manipulate me into behavior they desire through the mirror programming in my field.</i></p> <p><i>I intend to retrieve my power for those of Anu inheritance that manipulated my ancestors in this manner.</i></p> <p><i>I intend to complete with the use of mirrors to manipulate programming, karma, dream, information or moving energy systems.</i></p> <p><i>I intend to shatter all mirrors in my field that allow for manipulation of programming, karma, dream, information or moving energy systems.</i></p>

<p><b>10. Who has programmed me this lifetime?</b></p> <p><i>Programming can be laid in by parents, teachers, bosses, practitioners, or other associations over time.</i></p> <p><i>I intend to forgive each who has programmed me with mechanical thought-form in the dance of life.</i></p> <p><i>I intend to transcend the need to be programmed by others as it interferes with my ascension.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p>Person 7 _____</p> <p>Person 8 _____</p> <p>Person 9 _____</p>
<p><b>11. Who have I programmed in this lifetime?</b></p> <p><i>Programming others is often done by those with a lot of spiritual knowledge in order to make oneself safe upon the physical plane. Programming however creates karma and it is wise therefore to cease to participate in this game.</i></p> <p><i>I intend to forgive myself for programming others in the dance of life. I intend to cease to program others from now on.</i></p> <p><i>Instead I shall send all others to the healing temples for ascension in dreamtime for support as needed in their ascent.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p>Person 7 _____</p> <p>Person 8 _____</p> <p>Person 9 _____</p> <p>Person 10 _____</p>

<p><b>12. Where does the majority of the programming within my chakra system sit, which has thereby limited my self expression in this lifetime?</b>  <i>Most programming will rest in 2 or 3 chakra or subtle body regions within the field.</i></p> <p><i>I intend to release all programming that limits my full self expression of the authentic self.</i></p> <p><i>I intend to forgive my ancestors for how they lost the full expression of truth upon the physical plane due to the mechanical programming that they fell into.</i></p> <p><i>I intend to reweave the chakra system to be fluid between all pieces and parts of the field so that my entire field can move to allow for the full expression of my gifts and talents upon the physical plane.</i></p>	<p>___ <i>Grounding Chakra System (limiting the connection unto Earth)</i></p> <p>___ <i>Sexual Chakra System (limiting sexual and sensual expression)</i></p> <p>___ <i>Power Chakra System (limiting the expression of authentic power)</i></p> <p>___ <i>Breath of Life Chakra System (limiting expression to the past or future)</i></p> <p>___ <i>Heart Chakra System (limiting the expression of love)</i></p> <p>___ <i>Neck Chakra System (limiting verbal expression)</i></p> <p>___ <i>Dream Weaving System (limiting the expression of manifestation or success)</i></p> <p>___ <i>Visionary Chakra System (limiting the expression of perception)</i></p> <p>___ <i>Spiritual Chakra System (limiting the expression of truth)</i></p> <p>___ <i>Source Connection System (limiting the expression of soul upon the physical plane)</i></p> <p>___ <i>Mental Body (limiting verbal expression)</i></p> <p>___ <i>Emotional Body (limiting emotional expression)</i></p> <p>___ <i>Intuitive Body (limiting intuitive expression)</i></p> <p>___ <i>Creative Body (limiting creative expression)</i></p>
<p><b>13. What single tone Language of Light along with herbs and minerals are helpful in the release of these loops of mechanical programming?</b></p> <p>_____</p>	<p><i>I intend to embrace the Language of Light thoughtform in lieu of the mechanical programming that I am releasing this time. I intend to open new energy flow in place of the mechanical patterns in my field to support the flow of the Language of Light and unity based consciousness.</i></p> <p><i>I intend to release and erase all DNA associated with all mechanical loops I am transcending at this time and replace it with Sirian or magnetic DNA from my inheritance that is related to the Language of Light.</i></p>

## LANGUAGE OF LIGHT

### DUAL TONE INTEGRATION

 <p><b>49. Unconditional Forgiveness</b> Polarity Transcended: Heaven - Hell</p>	 <p><b>50. Unconditional Compassion</b> Polarity Transcended: Acquitted - Condemned</p>
 <p><b>51. Omnipresent Love</b> Polarity Transcended: God-Satan</p>	 <p><b>52. Omnipresent Jurisdiction</b> Polarity Transcended: God - Human</p>
 <p><b>53. Unconditional Stealth</b> Polarity Transcended: Almighty - Underdog</p>	 <p><b>54. Unconditional Integrity</b> Polarity Transcended: Righteous - Evil</p>
 <p><b>55. Unconditional Life Force</b> Polarity Transcended: Fulfilled - Deprived</p>	 <p><b>56. Unconditional Magnitude</b> Polarity Transcended: Beautiful - Ugly</p>
 <p><b>57. Bounty</b> Polarity Transcended: Enough - Not Enough</p>	 <p><b>58. Service</b> Polarity Transcended: Contribution - Leech</p>
 <p><b>59. Unconditional Union</b> Polarity Transcended: Grounded -</p> <p style="text-align: center;">Disconnected</p>	 <p><b>60. Unconditional Community</b> Polarity Transcended: One World - Separate</p> <p style="text-align: center;">Nations</p>
 <p><b>61. Fortitude</b> Polarity Transcended: Full - Empty</p>	 <p><b>62. Unity Based Truth</b> Polarity Transcended: The Truth - Non Truth</p>
 <p><b>63. Evolution</b> Polarity Transcended: Creation - Destruction</p>	 <p><b>64. Region of Domain</b> Polarity Transcended: Contains - Fills</p>





**65. Being-ness or I  
Am that I Am**

***Polarity Transcended:  
Self Conscious - Other***

***Conscious***



**66. Unity Based  
Relations**

***Polarity Transcended:  
In Unity - Disunity***



**67. Journey**

***Polarity Transcended:  
On the Path - Detour***



**68. Map or Pathway  
of Evolution**

***Polarity Transcended:  
Path - Roadblock***



**69. Enlightenment**

***Polarity Transcended:  
All Knowing - Knows  
Nothing***



**70. Ascension**

***Polarity Transcended:  
Evolution - Non-  
Evolution***

**1. What Language of Light Dual Tones have I mastered in my ascension to date?**

*The first third of the dual tones are presented above for your assessment and focus. These particular dual tones (#49-70) are useful in the transcendence of competitive patterning and programming and the integration of unity based thoughtform.*

*Dual tones are mastered by demonstrating the combined tones and colors in one's chakra and subtle body energy flow.*

*Dual tones are useful in releasing and transcending programming and mechanical thoughtform and for this reason we present a portion of them now in this workbook.*

*More dual tones will be focused upon in the chapters to follow and have to do with the transcendence of usury and codependence based patterning.*

***What minerals or herbs would be useful in supporting my mastery of the first third of the dual tone concepts of the Language of Light? (Note please use the herb list from the Language of Light Single Tone list in chapter 1 worksheet.)***

<p><b>2. What percentage of any day do you run Language of Light unity based thoughtform?</b></p> <p>_____ %</p>	<p><i>I intend to run the Language of Light thoughtform 24 hours per day and infuse it throughout all language that I speak or write or communicate with.</i></p> <p><i>I intend to release all non verbal languages that create competition and conflict and erase them all, replacing them with the symbols and movement of the Language of Light.</i></p>
<p><b>3. What other languages are dominant in your genetic ancestry and in what percentages?</b></p> <p>_____ % Sirian Language</p> <p>_____ % Arcturian Language</p> <p>_____ % Pleiadian Language</p> <p>_____ % Andromedan Language</p> <p>_____ % Orion Language</p> <p>_____ % Other</p>	<p><i>I intend to embody and speak a language that all other kingdoms and Earth are choosing to speak at this time to create fluid communication between all kingdoms and all members of the human kingdom.</i></p> <p><i>I intend to release and erase all other languages that often create miscommunication or competitive dreams in the dance of life.</i></p> <p><i>I intend to embody the Sirian language and DNA associated throughout my biology and to the degree that I can in this lifetime.</i></p> <p><i>I intend to edit the original Sirian Language to embrace the changes within the Language of Light.</i></p> <p><i>I intend to purify my consciousness and field to reflect the Language of Light tones of creation each night during recasting.</i></p>
<p><b>4. What percentage of the day do you run electrical geometry in your field?</b></p> <p>_____ %</p> <p><b>5. What percentage of the day do you spin Figure-8 electromagnetic Flower of Life geometry in your field?</b></p> <p>_____ %</p>	<p><i>I intend to transcend all electrical geometry including boxes, pyramids and straight lined devices in full in this lifetime.</i></p> <p><i>I intend to forgive all ancestors for how this type of geometry came to be.</i></p> <p><i>To the degree that I can, I intend to go from straight lined energy flow first into the Figure-8 electromagnetic flow of my red nation geometry from the Atlantean era.</i></p> <p><i>I intend to forgive my ancestry for how Figure-8 geometry came to be the dominant energy flow amongst the red nations' peoples.</i></p>

<p><b>6. What percentage of the day do you spin Triple Lotus Flower of Life energy flow?</b></p> <p>_____ %</p> <p><b>7. What percentage of the day do you spin Beehive energy flow ?</b></p> <p>_____ %</p> <p><i>Understand that Beehive energy flow is a new movement that the map makers of ascension have found useful and is not in our ancestral records.</i></p>	<p><i>To the degree that I can, I intend to modify all Figure-8 flow into Triple Lotus flow that suspends greater unity and equality in the dance of life.</i></p> <p><i>I intend to forgive all ancestors for how the Triple Lotus fell into the Figure-8 over time leading to competition in the red nations' tribal structure and life dance.</i></p> <p><i>Then as Triple Lotus flow is mastered, I intend to take it one step further mastering Beehive energy flow in which the field is more greatly magnetic allowing for an easier time holding boundaries in the electrical reality that I live.</i></p> <p><i>I intend to become the map maker of ascension that I am creating a new pathway to another destination that will allow for ascension Home into the Great Central Sun Dream.</i></p>
<p><b>NOTES</b></p>	

## CONNECTION TO OVERSOUL AND CREATOR AND HEALING TEMPLES FOR ASCENSION

**1. Follow the tether from the first source chakra above the head, and intend to follow the cord to your Over Soul.**

*The Over Soul directs the spiritual lessons and assesses personal karma as well as provides information on the genetic information you are integrating.*

*If you are struggling with the connection, work with one of the meditations that Asur'Ana has recorded on the website to anchor healing planes that support you.*

*Take a moment to commune with your Oversoul and listen to what it may have to say about the spiritual lessons that you are learning at this time. Let us honor the Oversoul for all that they do.*

*Intend to allow the Oversoul to modify the souls and angels in your field to best support your ascension, releasing all down your grounding cord that does not serve.*

*What communications can you decipher from your connection with your Oversoul or what feelings do you notice about the exchange?*

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*I intend to release all ancestral karma with forces that prevents the connection and communication with my Over Soul and Creator in my choice to ascend.*

**2. Follow the tether from your Over Soul to the Creator above.**

*The Creator holds the dream and vision for your life expression upon the physical plane along with the dream for your biological ascension.*

*Take a moment to commune with your Creator and listen to what it may have to say about the dream that you are weaving at this time. Let us honor the Creator for all that they do.*

*Intend to allow the Creator to modify your dream and all that is within your field in support of your continued ascension.*

*What communications can you decipher from your connection with your Creator or what feelings do you notice about the exchange?*

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*I intend to release any and all personal and ancestral karma with forces that desire to interfere with my communication with my Oversoul and Creator.*

<p><b>3. Follow the tether from the first grounding chakras under the feet to the healing temples in the Aurora.</b></p> <p><i>The Healing Temples provide ongoing support and guidance over the karma that one is releasing as well as the genetic blueprint one is embodying in the biological ascension.</i></p>	<p><i>Take a moment to commune with the healing temples and in particular whatever part of the healing offered best supports your ascension in this moment. You can envision the healing temples rising into the room around you.</i></p> <p><i>What communications can you decipher from the healing temples or what feelings do you notice about the exchange?</i></p> <hr/> <hr/> <hr/> <p><i>I intend to release any and all personal and ancestral karma with forces that desire to interfere with my capacity to receive support from Mother Earth for my ascension through the healing temples that she provides.</i></p>
<p><b>4. Now allow the angels that spin your field during the day to surround you.</b></p> <p><i>The angels spin the field in connection with the dream broadcast upon the field from your creator.</i></p>	<p><i>Take a moment to commune with the angels that spin your field during the day. Let us honor them for all that they do.</i></p> <p><i>What communications can you decipher from the angels that support your field in the daytime dream?</i></p> <hr/> <hr/> <hr/> <p><i>I intend to release any and all personal and ancestral karma with forces that desire to interfere with the supportive angelic realm that has been cast by Earth for ascension.</i></p>



<p><b>5. Now allow the angels that recast your field at night to surround you.</b></p> <p><i>The dreamtime angels work with all humans who enter the healing temples for ascension. Their purpose is to recast and reweave the field from the day's trauma as well as for the continued ascent.</i></p>	<p><i>Take a moment to commune with the angels that recast your field during dreamtime. Let us honor them for all that they do.</i></p> <p><i>What communications can you decipher from the angels that support your field in the daytime dream?</i></p> <hr/> <hr/> <hr/> <p><i>I intend to release any and all personal and ancestral karma with forces that desire to interfere with the angelic realm that supports my healing through recasting.</i></p>
<p><b>NOTES</b></p>	

## ASSESSING LINEAGES AND PERSONAL ARCHETYPES

<p><b>1. Out of the 144 lineages (or 288 for those proceeding beyond 3,800 segments), what percentage of lineages are of what archetypal nature?</b></p> <p>_____ % Slave</p> <p>_____ % Red Nation</p> <p>_____ % Indirect Anu</p> <p>_____ % Iyreion</p> <p>_____ % Grand Master</p>	<p><i>I intend to complete all karma for my slave inheritance and the master slave dance in this lifetime.</i></p> <p><i>I intend to forgive all slave ancestors for their dance of dominance and subordination.</i></p> <p><i>I intend to bring forth red nation information and ascend into red nation archetypes in this lifetime.</i></p> <p><i>I intend to seal all slave and indirect Anu lineages as the karma is complete.</i></p> <p><i>I intend to draw forward my Grand Master and Red Nations' Ancestors to assist in guiding me in my ascension and daily life.</i></p>
<p><b>2. Where do I end up within the pyramids in association with my ancestry?</b></p> <p>_____ Upper half</p> <p>_____ Middle</p> <p>_____ Lower Half</p> <p>_____ Bottom</p> <p>_____ Outside</p>	<p><i>I intend to forgive those red nations' ancestors who have held good positions in the Anu pyramidal system due to their relation unto the family.</i></p> <p><i>I intend to forgive those red nations' ancestors who procured a small fortune as a result of their position in the pyramidal structure.</i></p> <p><i>I intend to balance the scales forgiving any debt of poverty so that I can manifest enough to subsist and fulfill upon my global service agreements with Earth.</i></p> <p><i>I intend to ascend into balanced giving and receiving in a magnetic and red nation energy flow and dream.</i></p> <p><i>I intend to transcend all thoughtform at cause of requiring being inside the pyramid at all.</i></p>

## ASSESSING ASCENDING ASTROLOGY ARCHETYPES

1. What are the three astrological signs you are ascending into in your journey to 3,000 segments (or have ascended into in mastery of 3,000 segments)?

Muscle test or pendulum the three signs that you are ascending into as your truth in action upon the physical plane. One will be the main sign and the two others will be overtones. Take into consideration all 18 possibilities upon the following pages.

First Sign

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Second Sign (overtone)

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Third Sign (overtone)

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### 1. Peace Bearer, Dragon



Birth Year: 2019

Language of Light



Power, Forgiveness & Non-Conditional Love

### 2 Truth Bearer, Buffalo



Birth Year: 2020

Language of Light



Power, Non-Conditional Love & Non-Conditional Governance

### 3 Harmony Bearer, Bear



Birth Year: 2021

Language of Light



Structure, Unity & Breath of Life

### 4 Freedom Bearer, Horse



Birth Year: 2022

Language of Light



Power, Freedom & Divine Union

### 5 Compassion Bearer, Elephant



Birth Year: 2023

Language of Light



Compassion, Unity Non-Conditional Governance

### 6. Communion Bearer, Turtle



Birth Year: 2024

Language of Light



Divine Union, Forgiveness & Non-Conditional Love

2. Which Language of Light tones are present more than once when all three signs are taken into consideration?

The Language of Light that appears 2 or 3 times when all three signs are assessed gives one an idea of the dominant Language of Light tones that reflect one's truth in action.

3. What preoccupations would be useful given your truth in action?

From the materials in the written section of chapter 3, what preoccupations would be good given your new astrological signs?

### 7. Wisdom Bearer, Eagle



Birth Year: 2025

Language of Light



Structure, Power & Non-Conditional Governance

### 8. Illumination Bearer, Hawk



Birth Year: 2026

Language of Light



Unity, Compassion & Freedom

### 9. Joy Bearer, Squirrel



Birth Year: 2027

Language of Light



Divine Union, Freedom & Breath of Life

### 10. Unity Bearer, Deer



Birth Year: 2028

Language of Light



Power, Forgiveness & Unity

### 11. True Law Bearer, Crow



Birth Year: 2029

Language of Light



Forgiveness, Divine Union & Compassion

### 12. True Purpose Bearer, Owl















Birth Year: 2030

Language of Light



Structure, Breath of Life & Non-Conditional Governance

<p>4. What are the three additional signs that you are mastering to Bodhisattva level evolution?</p> <p><i>Fourth Sign</i></p>	 <p>13. Communication Bearer. <i>Wolf</i></p>	<p>Birth Year: 2031</p>	<p>Language of Light</p>  <p>Freedom, Unity &amp; Breath of Life</p>
<p><i>Fifth Sign (overtone)</i></p>	 <p>14. Divine Union Bearer, <i>Swan</i></p>	<p>Birth Year: 2032</p>	<p>Language of Light</p>  <p>Divine Union, Structure &amp; Freedom</p>
<p><i>Sixth Sign (overtone)</i></p>	 <p>15. Ascension Bearer, <i>Tiger</i></p>	<p>Birth Year: 2033</p>	<p>Language of Light</p>  <p>Forgiveness, Power &amp; Non-Conditional Governance</p>
<p>5. Which Language of Light tones appear many times when all six signs are taken into consideration?</p>	 <p>16. Evolution Bearer, <i>Fox</i></p>	<p>Birth Year: 2034</p>	<p>Language of Light</p>  <p>Divine Union, Non-Conditional Love &amp; Non-Conditional Governance</p>
<p>6. What preoccupations would be useful given your overall truth in action?</p>	 <p>17. Evolutionary Truth Bearer, <i>Antelope</i></p>	<p>Birth Year: 2035</p>	<p>Language of Light</p>  <p>Structure, Compassion &amp; Power</p>
	 <p>18. Fulfillment Bearer . <i>Porcupine or Kookaburra</i></p>	<p>Birth Year: 2036</p>	<p>Language of Light</p>  <p>Power, Freedom &amp; Breath of Life</p>