

## CHAPTER 7 WORKSHEETS

### MONITORING ONE'S DREAM

MONITORING ONE'S DREAMS	
<p><b>1. Who are the dream brokers that I have known in this lifetime?</b></p> <p>Test also if you have been a dream broker in the unconscious in this lifetime.</p> <p><i>I intend to cease allowing dreams to be moved through my field to another if I have been a dream broker in this lifetime.</i></p> <p><i>I intend to forgive all ancestors who were dream brokers in their lifetime so that I can step out of the game of bartering for dreams.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to retrieve all dreams that I have given to the above individuals in the dance of life.</i></p> <p><i>I intend to return any dreams that are not my intention to their source of origin.</i></p> <p><i>I intend to research the original cause for how our ancestries began to barter dreams with the nonphysical.</i></p> <p><i>I intend to cease to barter my dreams away to the nonphysical through the dream brokers.</i></p>
<p><b>2. Do I have poverty karma that requires releasing at this time? Is all the karma of my own inheritance?</b></p> <p>___yes ___no</p> <p><b>Who is it in my life dance that tends to deposit their poverty karma upon me?</b></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p><i>I intend to cease to take on poverty karma of others.</i></p> <p><i>I intend to release my own poverty karma so that balanced giving and receiving along with abundance can be my life experience.</i></p> <p><i>I intend to research the original cause for how my ancestry took on poverty karma for others and release it in full.</i></p>

<p><b>3. Do I tend to give poverty karma to others?</b></p> <p><b>___yes ___no</b></p> <p><b>Who is it in my life that I tend to depress my poverty karma upon?</b></p> <p><i>Poverty only is the result of extremes in polarity where some have way too much dream and others way too little. In order to step out of the game and enter a state of abundance, one must release all of one's own poverty karma; this requires the karma to be present in the field to be transmuted.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p><i>I intend to cease to give my poverty karma away unto others.</i></p> <p><i>I intend to retrieve all poverty karma that is my own and release it in full through forgiveness.</i></p> <p><i>I intend to have just enough dream to sustain my existence in comfort including travel and a beautiful living environment in a place that serves my ascension.</i></p> <p><i>I intend to step out of the extremes of wealth and poverty through ascension and into the dance of unity.</i></p>
<p><b>4. Do I have a dream for my body and ascension?</b></p> <p><b>___yes ___no</b></p> <p><b>Who do I tend to give my body level dream away unto?</b></p> <p><i>The body level dream should have all components of one's field inherent within it.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to cease to give body level dreams to another.</i></p> <p><i>I intend to release all karma for how body level dreams have been traded over time.</i></p> <p><i>I intend to weave my own body level dream that takes into consideration the ascension of all cells.</i></p> <p><i>I intend to research the original cause for where my ancestry began to trade body level dreams and release all karma in full.</i></p>

<p><b>5. Do I tend to take body level dreams from others?</b></p> <p><input type="checkbox"/>yes <input type="checkbox"/>no</p> <p><b>Who do I tend to take body level dreams from?</b></p> <p><i>The bodies of others may host diseases and may not be ascending. Therefore taking on their dream does not support my evolution.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p><i>I intend to cease to take body level dreams from others.</i></p> <p><i>I intend to weave my own body level dream that supports each phase of ascension for every cell in my body.</i></p> <p><i>I intend to research the original cause for where my ancestry took body level dream from others and release the karma in full.</i></p>
<p><b>6. Do I have a complete body level dream for all parts of my biology?</b></p> <p><i>I intend to reweave my body level dream to be whole and complete in support of my continued ascension and evolution.</i></p> <p><i>I intend that the body level dream is recast at least once per week by my source to contain the next level of evolutionary DNA required to ascend.</i></p> <p><i>I intend to release karma for giving parts of my body level dream away unto others.</i></p> <p><i>I intend to research the original cause for how I lost parts of my body level dream and release the karma in full.</i></p> <p><i>I intend a complete biological ascension in this lifetime.</i></p>	<p><b>___Nervous System</b>          ___Brain ___Brainstem ___Spinal Column          ___Spinal Cord ___Nerves ___Pineal Gland          ___Pituitary Gland</p> <p><b>___Breath of Life</b>          ___Lungs ___Diaphragm ___Rib Cage</p> <p><b>___Digestion and Waste Management</b>          ___Esophagus ___Stomach          ___Small Intestine ___Large Intestine          ___Gall Bladder ___Kidneys ___Bladder</p> <p><b>___Circulatory System</b>          ___Heart ___Lymph Nodes          ___Veins ___Lymph ___Spleen ___Bone Marrow</p> <p><b>___Reproduction or Regeneration</b>          ___Uterus ___Ovaries          ___Testes ___Regeneration Glands</p> <p><b>___Metabolism</b>          ___Thyroid ___Thymus ___Pancreas ___Liver</p> <p><b>___Sensory Organs</b>          ___Skin ___Eyes ___Ears ___Nose ___Mouth</p> <p><b>___Body Structure</b>          ___Muscles ___Bones ___Arms          ___Hands ___Legs ___Feet</p>

<p><b>7. What body parts do I tend to lose recurrently in my body level dream?</b></p> <p><i>I intend to release all karma for recurrently giving my dream for certain body parts away unto others.</i></p> <p><i>I intend to research the original cause for how my ancestry gave of their body level dream and portions therein to others.</i></p> <p><i>I intend to release how my ancestors became ill due to having no body level dream for certain body parts; or for starving due to a lack of body level dream altogether.</i></p> <p><i>I intend to release all karma for trading body parts in my ancestry and step out of this game in full.</i></p> <p><i>I intend to reweave and recast my dream for my body to be whole and complete.</i></p>	<p><b>___ Nervous System</b>          ___ Brain ___ Brainstem ___ Spinal Column          ___ Spinal Cord ___ Nerves ___ Pineal Gland          ___ Pituitary Gland</p> <p><b>___ Breath of Life</b>          ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p><b>___ Digestion and Waste Management</b>          ___ Esophagus ___ Stomach          ___ Small Intestine ___ Large Intestine          ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p><b>___ Circulatory System</b>          ___ Heart ___ Lymph Nodes          ___ Veins ___ Lymph          ___ Spleen ___ Bone Marrow</p> <p><b>___ Reproduction or Regeneration</b>          ___ Uterus ___ Ovaries          ___ Testes ___ Regeneration Glands</p> <p><b>___ Metabolism</b>          ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p><b>___ Sensory Organs</b>          ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p><b>___ Body Structure</b>          ___ Muscles ___ Bones          ___ Arms ___ Hands ___ Legs ___ Feet</p>
<p><b>NOTES:</b></p>	

<p><b>8. What body parts do I tend to take on from others stripping them of their body level dream?</b></p> <p><i>I intend to cease to take the dream of certain body parts from others that may not be ascending.</i></p> <p><i>I intend to research the original cause of how my ancestry began to take on the body level dreams of others.</i></p> <p><i>I intend to release all karma for any exchange of body level dream.</i></p> <p><i>I intend to release my karma for disease that is associated.</i></p> <p><i>I intend to release my karma for poverty and starvation that is also associated.</i></p> <p><i>I intend to transcend this dance of stripping others of body level dream as this is no longer necessary.</i></p> <p><i>I intend to recast and reweave my body level dream once per week to assure that it supports my continued ascension.</i></p>	<p><b>___ Nervous System</b>          ___ Brain ___ Brainstem ___ Spinal Column          ___ Spinal Cord ___ Nerves ___ Pineal Gland          ___ Pituitary Gland</p> <p><b>___ Breath of Life</b>          ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p><b>___ Digestion and Waste Management</b>          ___ Esophagus ___ Stomach          ___ Small Intestine ___ Large Intestine          ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p><b>___ Circulatory System</b>          ___ Heart ___ Lymph Nodes          ___ Veins ___ Lymph          ___ Spleen ___ Bone Marrow</p> <p><b>___ Reproduction or Regeneration</b>          ___ Uterus ___ Ovaries          ___ Testes ___ Regeneration Glands</p> <p><b>___ Metabolism</b>          ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p><b>___ Sensory Organs</b>          ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p><b>___ Body Structure</b>          ___ Muscles ___ Bones          ___ Arms ___ Hands ___ Legs ___ Feet</p>
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<p><b>9. In the dance of life, what dreams do I tend to give to others?</b></p> <p><i>I intend to release all karma for giving away the dreams that I desire to make manifest.</i></p> <p><i>I intend to research the original cause of why my ancestry loses dreams that lead to inner fulfillment.</i></p> <p><i>I intend to retrieve all dreams that I have given to others and cease to participate in this dance.</i></p> <p><i>I intend to release all karma for non-fulfillment throughout my ancestry.</i></p> <p><i>I intend to manifest my dreams in this lifetime.</i></p>	<p><b>___ Abundance</b>          ___ Job ___ Home ___ Beautiful Clothes          ___ Beautiful Place to Live ___ Travel          ___ Recreation/Relaxation ___ Transportation          ___ Sovereign form of income</p> <p><b>___ Self Expression</b>          ___ Art ___ Music ___ Writing ___ Teaching ___ Jewelry          ___ Pottery/Sculpting ___ Gardening          ___ Making Herbal Tinctures ___ Cooking ___ Dance          ___ Massage ___ Other healing practices</p> <p><b>___ Dance of Life</b>          ___ An ascending beloved ___ Ascending children          ___ Ascending friendships ___ Ascending community</p> <p><b>___ Other</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	

<p><b>10. In the dance of life, what dreams do I tend to take from others?</b></p> <p><i>I intend to weave my own sovereign dream.</i></p> <p><i>I intend to cease to take dreams from others.</i></p> <p><i>The dreams of others cannot lead to real fulfillment, as they are not designed through my own personal intention. I therefore intend to cease to participate in the game of dream brokering and choose instead to weave my own dream through intention.</i></p> <p><i>I intend to research my ancestry as to the original cause of where dream bartering became the game and release the karma in full.</i></p> <p><i>I intend to weave my own dreams of fulfillment that are suited to my personal truth in action.</i></p> <p><i>I intend to experience fulfillment in this lifetime.</i></p>	<p><b>___ Abundance</b> ___ Job ___ Home ___ Beautiful Clothes ___ Beautiful Place to Live ___ Travel ___ Recreation/Relaxation ___ Transportation ___ Sovereign form of income</p> <p><b>___ Self Expression</b> ___ Art ___ Music ___ Writing ___ Teaching ___ Jewelry ___ Pottery/Sculpting ___ Gardening ___ Making Herbal Tinctures ___ Cooking ___ Dance ___ Massage ___ Other healing practices</p> <p><b>___ Dance of Life</b> ___ An ascending beloved ___ Ascending children ___ Ascending friendships ___ Ascending community</p> <p><b>___ Other</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><b><i>I intend to become the dreamer and the dream.</i></b></p>
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<p><b>11. Do I allow Hollywood to take my dreams?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><i>Hollywood strips more human dreams to manifest the films and television shows than any other dream broker. Hollywood is a group dream broker. As humans lose dreams to Hollywood, they cease to be able to have dreams to live their lives with. This causes a life of boredom rather than fulfillment or living a life founded upon fantasy.</i></p>	<p><i>I intend to retrieve all dreams that I have given to the movie and television producers or books and magazines over time.</i></p> <p><i>I intend to cease to give my dreams to Hollywood by ceasing to watch their movies or shows.</i></p> <p><i>I intend to retrieve all dreams lost to the media throughout my ancestry.</i></p> <p><i>I intend to research the original cause of how dreams were lost to the media in my ancestry and release the karma in full.</i></p> <p><i>I intend to live a full and fulfilling life, and not live a imaginary life in front of the television, or through books, movies or magazines.</i></p> <p><i>I intend that the dreams that I intend are made manifest in the physical to be experienced and enjoyed.</i></p>
<p><b>12. What types of dreams do I tend to give to Hollywood and their famous actors and actresses?</b></p> <p><i>I intend to retrieve all dreams given to the actors and actresses of Hollywood. Each actor and actress represents an Anu family member that my red nation's ancestors sacrificed a dream of fulfillment for.</i></p> <p><i>I intend to cease to sacrifice my dreams unto those deemed of fame or fortune or in any position of power or authority over me.</i></p>	<p><b><input type="checkbox"/> Abundance</b>  <input type="checkbox"/> Job <input type="checkbox"/> Home <input type="checkbox"/> Beautiful Clothes  <input type="checkbox"/> Beautiful Place to Live <input type="checkbox"/> Travel  <input type="checkbox"/> Recreation/Relaxation <input type="checkbox"/> Transportation  <input type="checkbox"/> Sovereign form of income</p> <p><b><input type="checkbox"/> Self Expression</b>  <input type="checkbox"/> Art <input type="checkbox"/> Music <input type="checkbox"/> Writing <input type="checkbox"/> Teaching <input type="checkbox"/> Jewelry  <input type="checkbox"/> Pottery/Sculpting <input type="checkbox"/> Gardening  <input type="checkbox"/> Making Herbal Tinctures <input type="checkbox"/> Cooking <input type="checkbox"/> Dance  <input type="checkbox"/> Massage <input type="checkbox"/> Other healing practices</p> <p><b><input type="checkbox"/> Dance of Life</b>  <input type="checkbox"/> An ascending beloved <input type="checkbox"/> Ascending children  <input type="checkbox"/> Ascending friendships <input type="checkbox"/> Ascending community</p> <p><b><input type="checkbox"/> Other</b></p> <p>_____</p> <p>_____</p> <p><i>I intend to live the fulfilling ascending life.</i></p>



INTENTION	
<p><b>1. Do I have a full set of records on intention?</b></p> <p>___Yes ___No</p> <p><b>Who do I tend to give my ability to intend away to?</b></p> <p><i>Intention has a series of information that is a part of one's akashic records. If one loses this information, intention will not work well.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to release all karma for giving my information on intention away.</i></p> <p><i>I intend to gather all records on the ability to consciously intend from my red nation's ancestors.</i></p> <p><i>I intend that my red nation's ancestors who understood conscious dream weaving step forward and assist me in learning how to intend.</i></p> <p><i>I intend to release all karma in my ancestry for how the information on intention was lost over time.</i></p>
<p><b>2. Who do I tend to dream weave for?</b></p> <p><i>Weaving dreams for others is a codependent dance in which one's own creative flow ends up used to manifest for others. This depletes one's own ability to manifest for oneself the dreams that one desires.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to release all karma for weaving dreams for others.</i></p> <p><i>I intend to research the original cause for how my ancestors began to weave dreams for others and release this karma in full.</i></p> <p><i>I intend to only weave my own dream with my own intentions that is founded upon my ascending truth in action.</i></p> <p><i>I intend to push another who has karma into the role of dream weaving for others as I step out of the game.</i></p>

3. Do I have a full set of will centers to support the intensions that I make?

☐ Yes ☐ No

Which will centers are non-existent?

☐ 1<sup>st</sup> or Grounding Will Center

☐ 2<sup>nd</sup> or Sexual Will Center

☐ 3<sup>rd</sup> or Power Will Center

☐ 4<sup>th</sup> or Love Will Center

☐ 5<sup>th</sup> or Creative Will Center

☐ 6<sup>th</sup> or Visionary Will Center

☐ 7<sup>th</sup> or Spiritual Knowledge Will Center

Which will centers are too small to provide the power required behind my intentions?

☐ 1<sup>st</sup> or Grounding Will Center

☐ 2<sup>nd</sup> or Sexual Will Center

☐ 3<sup>rd</sup> or Power Will Center

☐ 4<sup>th</sup> or Love Will Center

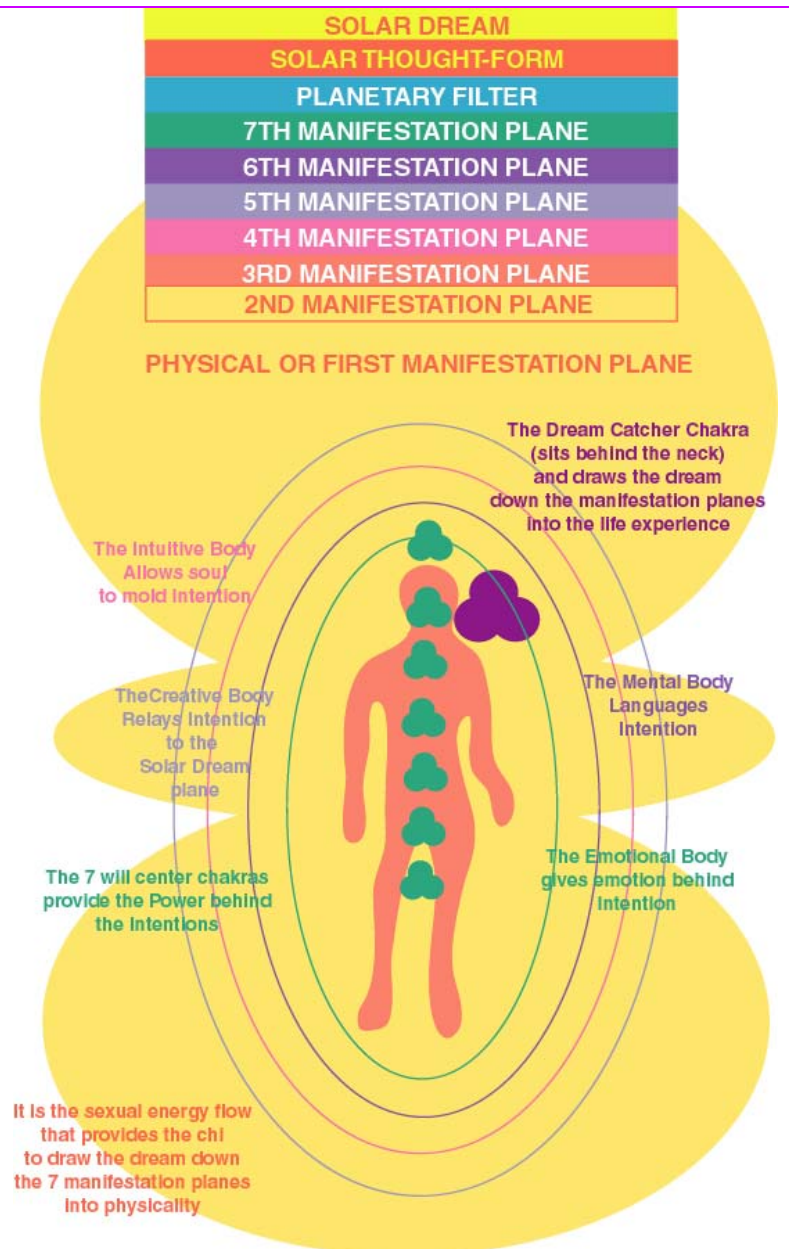
☐ 5<sup>th</sup> or Creative Will Center

☐ 6<sup>th</sup> or Visionary Will Center

☐ 7<sup>th</sup> or Spiritual Knowledge Will Center

Who do I tend to give my power away unto?

\_\_\_\_\_



*I intend to create all seven will centers and to assure that they are of equal size in the rotation of my field to provide the power necessary to intend.*

*I intend to research my ancestry as to how the will centers became lost or diminished and release this karma in full.*

*I intend to retrieve all power I have given away so that my intentions may succeed at weaving my new dream.*

*I intend to release all karma for giving my power away over time and in my ancestry.*

4. Do I have all four subtle bodies present to assure that my intentions are communicated unto the solar dreamtime planes?

\_\_\_ Yes \_\_\_ No

Which subtle bodies tend to be non-existent?

\_\_\_ Mental Body  
\_\_\_ Emotional Body  
\_\_\_ Intuitive Body  
\_\_\_ Creative Body

Which subtle bodies tend to be too small to provide the function of intention that they should?

\_\_\_ Mental Body  
\_\_\_ Emotional Body  
\_\_\_ Intuitive Body  
\_\_\_ Creative Body

Who do I tend to exchange parts of my subtle bodies with?

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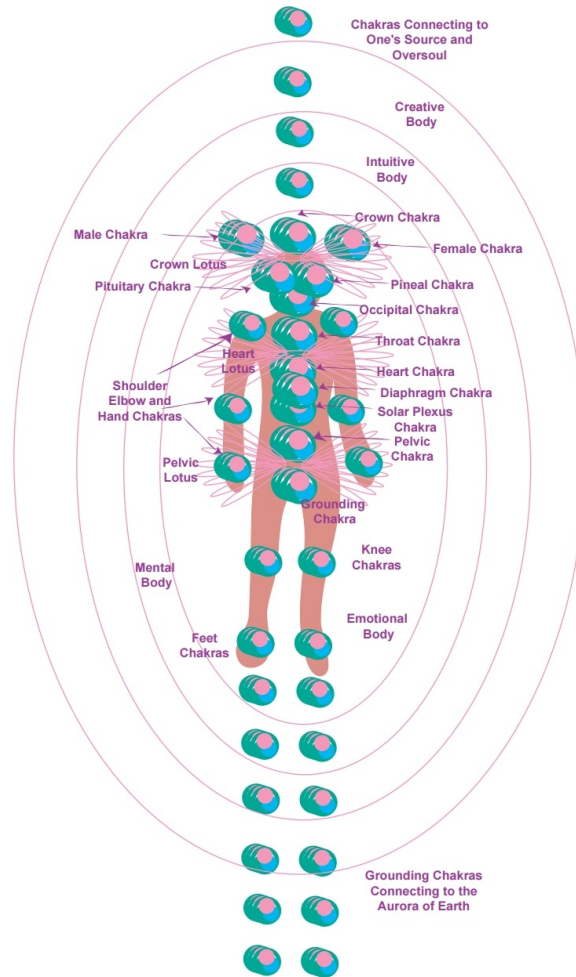
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Chakras and Subtle Bodies to Bodhisattva Level Evolution



*I intend to retrieve all parts of my mental, emotional, intuitive and creative bodies and reweave them so that they are equal in size and large enough to fulfill upon the task of intention.*

*I intend to return any parts of my subtle bodies that belong to others lest I end up intending their dreams instead of my own.*

*I intend to recast my subtle bodies to be of my sovereign genetic materials and serpents so that they can intentionalize my dream.*

*I intend to release all karma for how subtle bodies became intertwined with others over time and in my ancestry.*

<p><b>5. Do I allow unconscious intentions to flow through without my awareness?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>If yes, where do most of these intentions come from?</b></p> <p><input type="checkbox"/> Television</p> <p><input type="checkbox"/> Magazines</p> <p><input type="checkbox"/> Web Surfing</p> <p><input type="checkbox"/> Radio</p> <p><input type="checkbox"/> Movies</p> <p><input type="checkbox"/> Books</p> <p><input type="checkbox"/> False Gods</p> <p><input type="checkbox"/> Personality Entities</p> <p><input type="checkbox"/> Other</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend that all unconscious intentions are null and void.</i></p> <p><i>I intend to cease to participate in activities that allow unconscious intentions to be made through focus upon the media.</i></p> <p><i>In particular I intend to cease to attune to violent media, even the news. Instead I intend to focus upon peaceful endeavors that will lead to intentions for a peaceful and unity based life ahead.</i></p> <p><i>I intend to release the personality entities that are addicted to the media.</i></p> <p><i>I intend instead to call my red nations and grand master ancestors forward to assist in living an ascending life.</i></p> <p><i>I intend to immerse myself in nature and new creative projects that bring me joy as well as the inner process focus that ascension entails.</i></p> <p><i>I intend boundaries. I intend to shatter any entity that causes dark thoughts that would intend dark dreams into my life.</i></p> <p><i>I intend to release karma for how the personality and false gods manipulated my ancestry into dark dreams through pressing their dark thoughts upon them.</i></p> <p><i>I intend to disallow any dark thoughts and request that my ancestors assist me in holding my boundaries.</i></p>
<p><b>NOTES</b></p>	

## MANIFESTATION

1. Have I opened the Dream Catcher chakra that sits behind the neck?

☐ Yes ☐ No

2. Has the dream catcher chakra expanded enough to create enough magnetism to attract my dream intended down the manifestation planes?

☐ Yes ☐ No

3. Is each intended dream inside the dream catcher chakra that I have intended to manifest to date?

☐ Yes ☐ No

Who tends to cancel my dreams in my chakra?

☐ Employer

☐ Parents

☐ Spouse

☐ Children

☐ Doctor

☐ Lawyer

☐ Health Practitioner

☐ Banking System

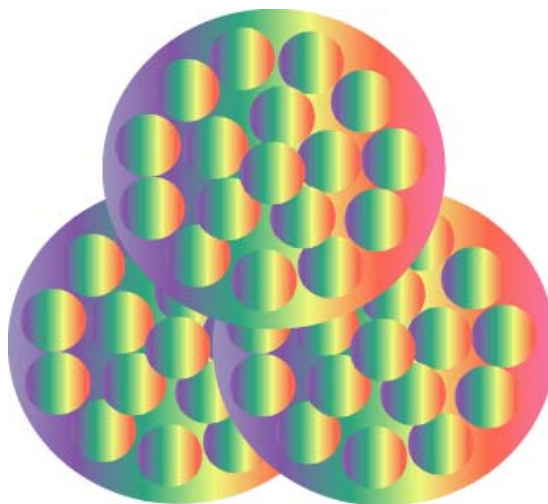
☐ Government

☐ Other

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



*I intend to research my red nation ancestors for the information necessary to open and expand the dream catcher chakra (occipital chakra in the 12 chakra system).*

*I intend to open and expand this chakra as needed for the purposes of conscious dream manifestation in the unity paradigm.*

*I intend to cease to allow others to cancel or erase the dreams in my dream catcher chakra. I intend to retrieve and recreate any dream in my dream catcher chakra that has been erased.*

*I intend to research the original cause for each dream that I intend and lose so that I may release the karma in full. I intend to alter my agreements with all others in the dance of life to allow my dreams to manifest in full.*

*I intend to cease to allow organizations of any kind to cancel my dreams in my dream catcher chakra including my employer. I intend to cease to allow family members to cancel my dreams.*

*I intend to cease to allow anyone of any pyramidal or box shaped dream to cancel my dreams. I intend to research each cause of why my ancestry fell into the game of allowing others of perceived authority to cancel their dreams and step out of the game in full.*



4. Is each intended dream contained inside the proper manifestation plane?

\_\_\_Yes \_\_\_No

Who tends to cancel my dreams in my manifestation planes?

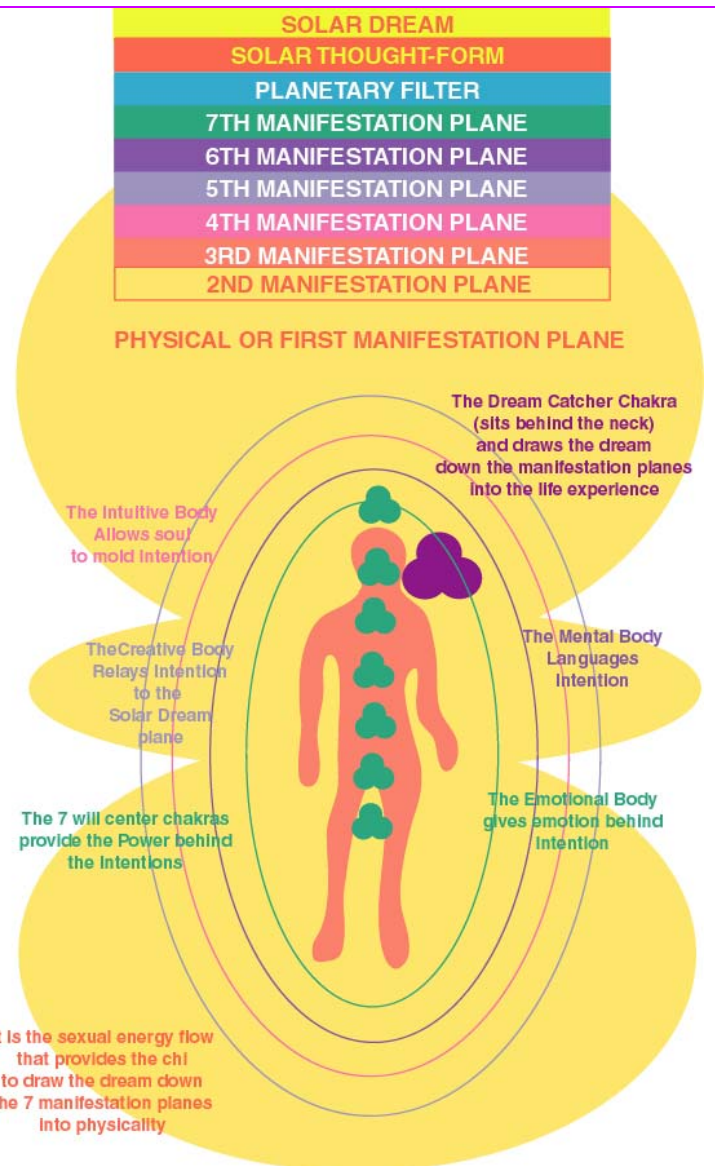
\_\_\_Employer  
\_\_\_Parents  
\_\_\_Spouse  
\_\_\_Children  
\_\_\_Doctor  
\_\_\_Lawyer  
\_\_\_Health Practitioner  
\_\_\_Banking System  
\_\_\_Government  
\_\_\_Other

5. Are there machines in my manifestation planes or field at cause of why I have dreams that are cancelled or bartered away?

\_\_\_Yes \_\_\_No

*I intend to release all mechanized thoughtform at cause of dream bartering or cancellation.*

*I intend to research the original cause in my ancestry of the associated mechanized thoughtform and release it in full.*



*I intend to cease to allow organizations of any kind to cancel my dreams upon my manifestation planes including my employer. I intend to cease to allow family members to cancel my dreams stepping down the manifestation planes.*

*I intend to cease to allow anyone of any pyramidal or box shaped dream to cancel my dreams stepping down the manifestation planes. I intend to research each cause of why my ancestry fell into the game of allowing others of perceived authority to cancel their dreams upon the manifestation planes and to step out of the game in full.*

6. Do I move my sexual energy adequately to magnetize my dream from manifestation plane to manifestation plane and into the physical?

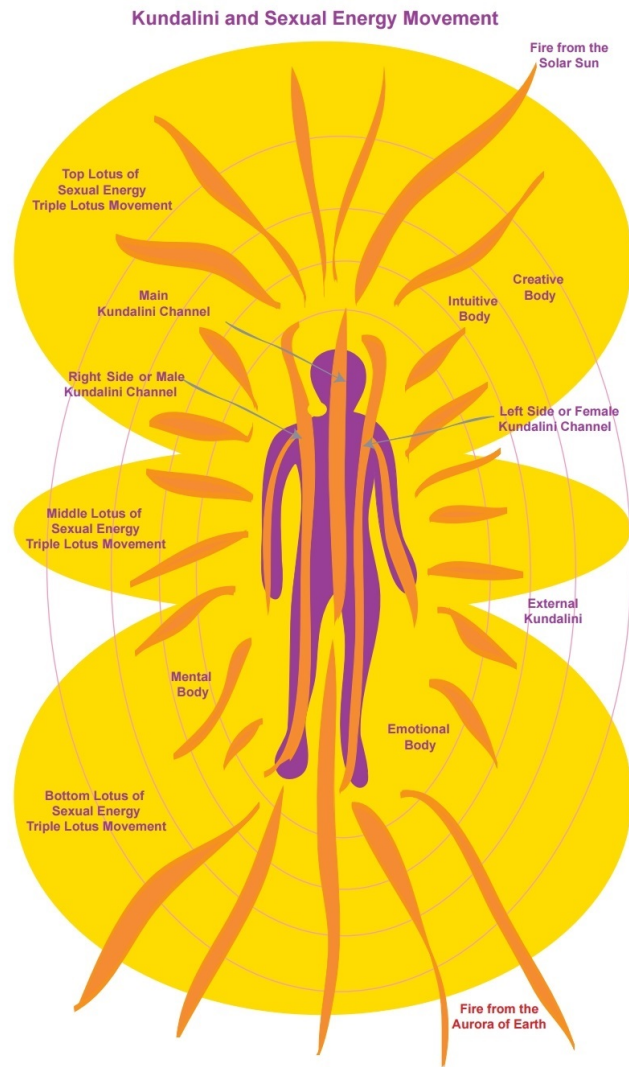
\_\_\_Yes \_\_\_No

*I intend to release all karma that does not allow my sexual energy to flow as it should to allow for the act of conscious manifestation.*

*I intend to research my ancestry for how they lost their capacity to run the kundalini and to release the karma in full.*

*I intend to build a strong sexual energy flow that allows my intentions to be magnetized down all 7 manifestation planes and into physicality.*

*I intend to release all sexual wounds of the past in the greater recognition of what the kundalini is for; sexual energy is for maintaining one's health and living one's dream.*



<p><b>7. Do I frequently become trapped on astral dreamtime planes surrounding my region of origin?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Have I lost information on the Astral Planes?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><i>I intend to roll up all astral planes that I become trapped upon during dreamtime and send them through the solar sun to be disbanded in full.</i></p> <p><i>I intend to retrieve any information lost upon the astral planes.</i></p> <p><i>I intend to cease to dance upon the astral and instead spend my time in the Healing Temples for Ascension in the Aurora each night.</i></p> <p><i>I request that an ancestor assist me in leaving astral planes that I inadvertently become trapped upon so that I can consciously command their dissolution.</i></p> <p><i>I intend to anchor proper planes for conscious dream weaving for all ascending humans in my region of origin.</i></p>
<p><b>NOTES</b></p>	



## CANCELLING UNDESIRABLE DREAMS

**1. Are there dreams in my dream catcher chakra that would create an accident, disease or death?**

☐ Yes ☐ No

**If so what kind?**

☐ Accident  
☐ Disease  
☐ Death

**Is all the karma from your ancestry?**

☐ Yes ☐ No

**2. Are there dreams upon the manifestation planes that would create an accident, disease or death?**

**If so what kind?**

☐ Accident  
☐ Disease  
☐ Death

**Is all the karma from your ancestry?**

☐ Yes ☐ No

**Upon what planes of manifestation are the undesirable dreams upon?**

☐ #7 ☐ #6 ☐ #5  
☐ #4 ☐ #3 ☐ #2  
☐ #1

*I intend to release all karma for accidents, disease and death each day of my ascent. I intend to research the original cause of each experience of accidents, disease and death in my ancestry.*

*I intend to forgive the dance of extinction that has plagued my ancestors and the human species.*

*I intend to return all accident, disease and death karma that is not my own and is not my ancestries cause. I intend to forgive what is my own karma to forgive.*

*I intend to erase any accident, disease or death karma that is in my dream catcher chakra. I intend to return any accident, disease or death dreams that have been manipulated into my dream catcher chakra to their source of origin. I intend to forgive the dance and step out of the game.*

*I intend to erase any accident, disease or death dream that is upon any manifestation plane and stepping into physicality.*

*I intend to return any accident, disease or death karma that have been manipulated into my manifestation planes to their source of origin. I intend to forgive the dance and step out of the game.*

**Who do I tend to take on accident, disease or death karma for?**

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*I intend to forgive those who deposit their death, disease and accident karma upon me in full. I intend to transcend the associated karma between our ancestries in full.*

<p><b>3. Do I tend to deposit dreams of death, accidents or disease upon others?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>If so what kind?</b></p> <p><input type="checkbox"/> Accident <input type="checkbox"/> Disease <input type="checkbox"/> Death</p> <p><i>I intend to release all machines and mechanized thoughtform underlying the dance of manipulating unwanted or undesirable dreams.</i></p> <p><i>I intend to erase all entities, machines and patterning associated in order to step out of the game in full.</i></p>	<p><i>I intend to cease to barter undesirable dreams away to others. The karma can only be released if it is present and available to be forgiven. It therefore serves my ascension path not to defer dreams upon others.</i></p> <p><i>I intend to take full responsibility for the experiences of disease and death and accidents that my ancestors experienced.</i></p> <p><i>Through forgiveness I need not experience this karma in this lifetime. I intend to forgive all legitimate karma of disease, death and accidents.</i></p> <p><i>I intend to ascend into an abundant life of inner and outer fulfillment, peace and health.</i></p> <p><b>Who do I tend to deposit accident, disease or death karma upon?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>I intend to forgive myself and my ancestry for participating in the game of moving undesirable dreams to others and intend to step out of the game in full.</i></p>
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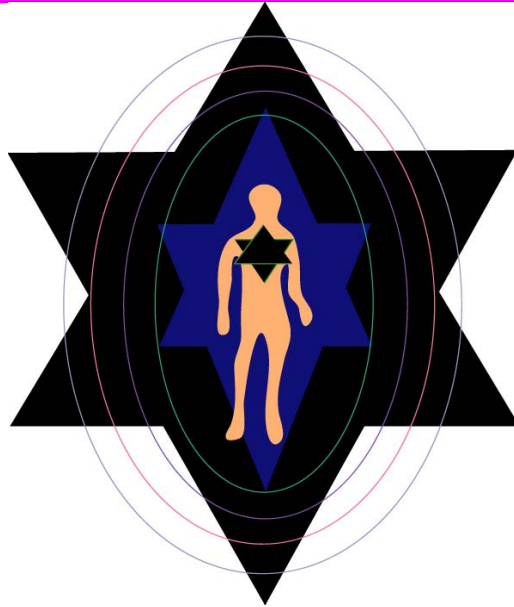
## PYRAMIDAL FLOW AND LOST DREAMS

1. Are there pyramids spinning in my field at cause of the transference of dream unto another?

\_\_\_ Yes \_\_\_ No

If yes, where are they spinning?

- \_\_\_ Meridian Chakras
- \_\_\_ Hand, elbows, knees and feet chakras
- \_\_\_ Grounding Chakras
- \_\_\_ Root Chakra (base of the spine)
- \_\_\_ Sexual Chakra (pelvis)
- \_\_\_ Sexual Lotus
- \_\_\_ Power Chakra (solar plexus)
- \_\_\_ Diaphragm Chakra (diaphragm)
- \_\_\_ Heart Chakra (chest)
- \_\_\_ Heart Lotus
- \_\_\_ Co-Creation Chakra (neck)
- \_\_\_ Occipital Chakra (back of neck)
- \_\_\_ Pineal Chakra
- \_\_\_ Pituitary Chakra
- \_\_\_ Male/Female Chakras
- \_\_\_ Spiritual Knowledge Chakra (crown region)
- \_\_\_ Crown Lotus
- \_\_\_ Connection to Source Chakras
- \_\_\_ Between Etheric Body and Subtle Bodies
- \_\_\_ Between Subtle Bodies
- \_\_\_ Between Creative Body and Dreamtime Self
- \_\_\_ Between Dreamtime Self and Light Body Body-Double



*I intend to cease to spin pyramids in my field. I intend to freeze and invert each pyramid that is now spinning, collapsing the points into the base and shattering what remains, eliminating the pattern from my field.*

*I intend to collapse and shatter each pyramid in each level of my field that it is spinning.*

*I intend to release karma for how my ancestry became caught up in the pyramidal movement in the first place. I intend to research the original cause of how my ancestry became involved in pyramidal flow and release it.*

*I intend to retrieve all dream and information lost to those at the top of the pyramid. I intend to return any dream or information gained in the position that I have held within the pyramidal game.*

**Who is at the top of this pyramidal dream that I am associated with in this moment?**

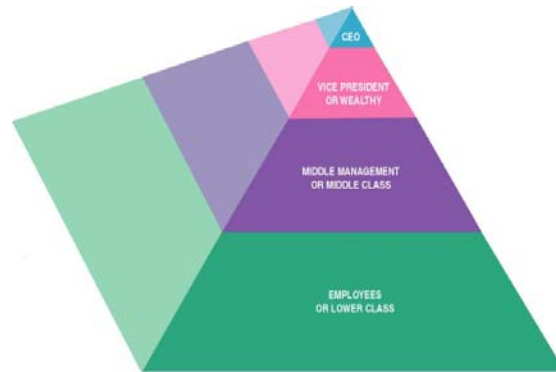
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**2. What pyramidal dream are the pyramids currently spinning in my field associated with?**

- ☐ Money Pyramid
  - ☐ Health and Vitality Pyramid
  - ☐ Military Pyramid
  - ☐ Food Pyramid
  - ☐ Commodities Pyramid
  - ☐ Real Estate Pyramid
  - ☐ Marriage Pyramid
  - ☐ Family Pyramid
  - ☐ Work Pyramid
  - ☐ Education Pyramid
  - ☐ Arts Pyramid
  - ☐ Luxury Pyramid
  - ☐ Prestige Pyramid/Spiritual
- Gurus**
- ☐ Government Pyramid
  - ☐ Law Pyramid
  - ☐ Medical Pyramid
  - ☐ Construction Pyramid
  - ☐ Media Pyramid



*I intend to release karma to participate in the pyramidal dream in association with the current paradigm.*

*I intend to release all ties to each pyramidal dream. I intend to work my way out of the pyramidal flow entirely in this lifetime.*

*I intend to research the original cause of how my ancestry began to participate in the pyramidal dreams that I currently associate.*

*I intend to release karma for each pyramidal dream that I am drawn into. I intend to step out of the game and into the dance of unity and a flower based dream in this lifetime.*

*I intend to become the dreamer and the dream and weave my own dream to be experienced in the dance of life. I intend to cease to give dreams to those at the top of any pyramid; I intend to cease to receive dreams that I do not desire from those on top of the pyramid.*

*I intend to cease to give dreams to those beneath me in each pyramid.*

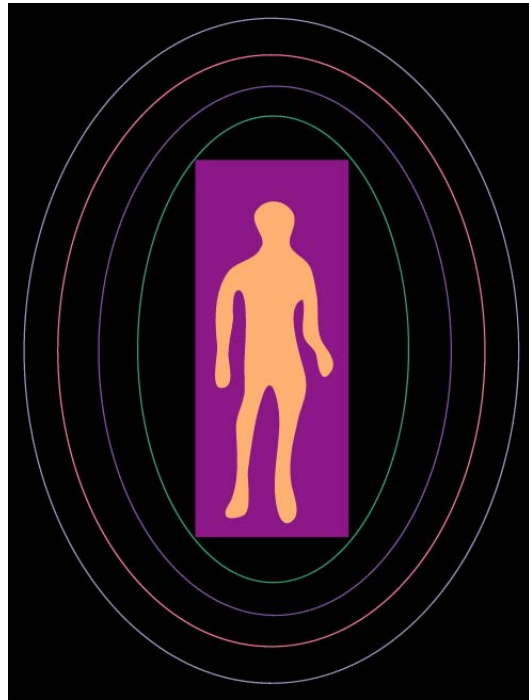
*I intend to become the dreamer and the dream.*

3. Are there box shaped sacred geometry spinning in my field at cause of the transference of dream unto another?

\_\_\_ Yes \_\_\_ No

If yes, where are they spinning?

- \_\_\_ Meridian Chakras
- \_\_\_ Hand, elbows, knees and feet chakras
- \_\_\_ Grounding Chakras
- \_\_\_ Root Chakra (base of the spine)
- \_\_\_ Sexual Chakra (pelvis)
- \_\_\_ Sexual Lotus
- \_\_\_ Power Chakra (solar plexus)
- \_\_\_ Diaphragm Chakra (diaphragm)
- \_\_\_ Heart Chakra (chest)
- \_\_\_ Heart Lotus
- \_\_\_ Co-Creation Chakra (neck)
- \_\_\_ Occipital Chakra (back of neck)
- \_\_\_ Pineal Chakra
- \_\_\_ Pituitary Chakra
- \_\_\_ Male/Female Chakras
- \_\_\_ Spiritual Knowledge Chakra (crown region)
- \_\_\_ Crown Lotus
- \_\_\_ Connection to Source Chakras
- \_\_\_ Between Etheric Body and Subtle Bodies
- \_\_\_ Between Subtle Bodies
- \_\_\_ Between Creative Body and Dreamtime Self
- \_\_\_ Between Dreamtime Self and Light Body Body-Double



*I intend to cease to spin boxes in my field. I intend to freeze and invert each box that is now spinning, collapsing the points into the base and then shattering what remains eliminating the pattern from my field.*

*I intend to collapse and shatter each box in each level of my field that it is spinning. I intend to release karma for how my ancestry became caught up in the box shaped movement in the first place.*

*I intend to research the original cause of how my ancestry became involved in box shaped flow and release it. I intend to retrieve all dream and information lost to those at the top of the box. I intend to return any dream or information gained in the position that I have held within the pyramidal game.*

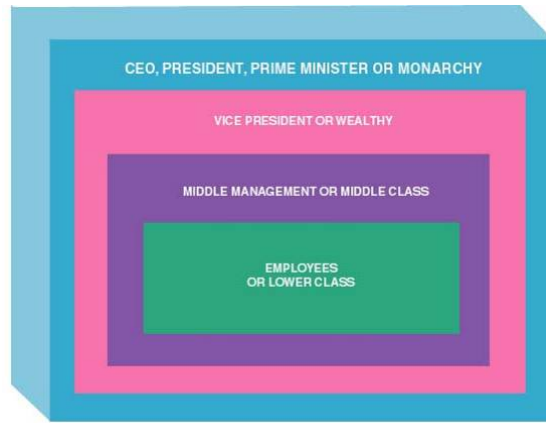
**Who is at the top of this box shaped dream that I am associated with in this moment?**

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**4. What box dream are the boxes currently spinning in my field associated with?**

- ☐ Money Box
- ☐ Health and Vitality Box
- ☐ Military Box
- ☐ Food Box
- ☐ Commodities Box
- ☐ Real Estate Box
- ☐ Marriage Box
- ☐ Family Box
- ☐ Work Box
- ☐ Education Box
- ☐ Arts Box
- ☐ Luxury Box
- ☐ Prestige Box /Spiritual
- Gurus**
- ☐ Government Box
- ☐ Law Box
- ☐ Medical Box
- ☐ Construction Box
- ☐ Media Box



*I intend to release karma to participate in the box shaped dream in association with the current paradigm.*

*I intend to release all ties to each box shaped dream. I intend to work my way out of the box shaped flow entirely in this lifetime.*

*I intend to research the original cause of how my ancestry began to participate in the box shaped dreams that I currently associate*

*I intend to release karma for each box shaped dream dream that I am drawn into. I intend to step out of the game and into the dance of unity and a flower based dream in this lifetime.*

*I intend to become the dreamer and the dream and weave my own dream to be experienced in the dance of life.*

*I intend to cease to give dreams to those at the top of any box; I intend to cease to receive dreams that I do not desire from those on top of the box.*

*I intend to cease to give dreams to those beneath me in each box.*

*I intend to become the dreamer and the dream.*

## SPELL CASTING

<p><b>1. Do I tend to spell cast through a particular part of the body?</b></p> <p style="text-align: center;">___Yes ___No</p> <p><b>What part of the body is used to spell cast?</b></p> <p>___Hands          ___Feet          ___Arms          ___Legs          ___Pelvis          ___Chest          ___Head          ___Other</p>	<p><i>I intend to learn to spellcast in a way that does not affect the health of my etheric or physical vessel.</i></p> <p><i>I intend to research my ancestry for another way to spell cast that utilizes moving energy instead of cords of attachment.</i></p> <p><i>I intend to ascend into this new information in preparation for community building.</i></p> <p><i>I intend to weave positive spells that unite others for the common purpose of ascension as well as karmic release of ancestral patterning.</i></p> <p><i>I intend to become a conscious dream weaver.</i></p> <p><i>I intend to cease to allow the nonphysical forces to cast spells through my field unless they support my continued evolution.</i></p>
<p><b>2. Do I tend to spell cast black magic spells through a particular part of the body?</b></p> <p style="text-align: center;">___Yes ___No</p> <p><b>What part of the body is used to spell cast?</b></p> <p>___Hands          ___Feet          ___Arms          ___Legs          ___Pelvis          ___Chest          ___Head          ___Other</p>	<p><i>I intend to cease to cast black magic spells.</i></p> <p><i>I intend to cease to transfer dark dreams of destruction on to others.</i></p> <p><i>I intend to forgive those ancestors who were sorcerers and participated in the game of casting black magic spells.</i></p> <p><i>I intend to research the original cause of this pattern of casting black magic spells and release my karma in full.</i></p> <p><i>I intend to step out of the game of black magic.</i></p> <p><i>I intend to become the dreamer and the dream.</i></p>

<div>3. Who have I known that has cast black magic spells upon me?</div> <div><div></div><div></div><div></div><div></div></div>	<div>I intend to release all black magic spells cast upon me.</div> <div>I intend to research my ancestral karma in full with each individual who participates in black magic spell casting.</div> <div>I intend to release my karma in full and step out of the game.</div> <div>I intend to become the dreamer and the dream.</div>
NOTES	



## ANCHORING A LIGHT EARTH DREAM

**1. What national parks or open spaces host a light Earth dream surrounding where I live?**

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*I intend to connect and commune with regions in a light Earth dream requesting of the land to expand its dream into my region of origin and home and office.*

*I intend to anchor a light Earth dream for all to experience surrounding myself.*

*I intend to become a beacon of Earth in world service to the ascension movement of humankind.*

**2. Whom did I give away my light Earth dream to in this lifetime?**

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*I intend to retrieve all parts of the light Earth dream that I was born within.*

*I intend to release all karma with those that I have given my light Earth dream unto.*

*I intend to research the original cause and forgive my ancestry for losing their light Earth dream to another.*

*I intend to live in a light Earth dream that supports my continued choice to ascend.*

**NOTES**

<p><b>3. What parts of my etheric body tend not to sit in a light Earth dream?</b></p> <p><i>I intend to pull all parts of my biology into the light Earth dream.</i></p> <p><i>I intend to ascend any part of my biology that is electrical in nature into a magnetic system of salts and bones.</i></p> <p><i>I intend to research my ancestry for magnetic DNA for all regions that are electrical and bring this information forward into present time.</i></p> <p><i>I intend to re-encode the elemental, atomic and molecular levels with magnetic languages to support the ascension into magnetic DNA.</i></p> <p><i>I intend to learn to run a Figure 8 or Triple Lotus dream that sustains a light Earth dream surrounding myself.</i></p> <p><i>I intend to retrieve the light Earth dream for each part my biology.</i></p>	<p><b>___ Nervous System</b>          ___ Brain ___ Brainstem ___ Spinal Column          ___ Spinal Cord ___ Nerves ___ Pineal Gland          ___ Pituitary Gland</p> <p><b>___ Breath of Life</b>          ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p><b>___ Digestion and Waste Management</b>          ___ Esophagus ___ Stomach          ___ Small Intestine ___ Large Intestine          ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p><b>___ Circulatory System</b>          ___ Heart ___ Lymph Nodes          ___ Veins ___ Lymph ___ Spleen ___ Bone Marrow</p> <p><b>___ Reproduction or Regeneration</b>          ___ Uterus ___ Ovaries          ___ Testes ___ Regeneration Glands</p> <p><b>___ Metabolism</b>          ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p><b>___ Sensory Organs</b>          ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p><b>___ Body Structure</b>          ___ Muscles ___ Bones ___ Arms          ___ Hands ___ Legs ___ Feet</p>
<p><b>NOTES</b></p>	

<p><b>4. What parts of my field tend not to sit in a light Earth dream?</b></p> <p> <input type="checkbox"/> Grounding Chakras  <input type="checkbox"/> Root Chakra (base of the spine)  <input type="checkbox"/> Sexual Chakra (pelvis)  <input type="checkbox"/> Sexual Lotus  <input type="checkbox"/> Power Chakra (solar plexus)  <input type="checkbox"/> Diaphragm Chakra (diaphragm)  <input type="checkbox"/> Heart Chakra (chest)  <input type="checkbox"/> Heart Lotus  <input type="checkbox"/> Co-Creation Chakra (neck)  <input type="checkbox"/> Occipital Chakra (back of neck)  <input type="checkbox"/> Pineal Chakra  <input type="checkbox"/> Pituitary Chakra  <input type="checkbox"/> Male/Female Chakras  <input type="checkbox"/> Spiritual Knowledge Chakra (crown region)  <input type="checkbox"/> Crown Lotus  <input type="checkbox"/> Connection to Source Chakras  <input type="checkbox"/> Mental Body  <input type="checkbox"/> Emotional Body  <input type="checkbox"/> Intuitive Body  <input type="checkbox"/> Creative Body  <input type="checkbox"/> Dreamtime Self </p>	<p><i>I intend to pull all parts of my field into the light Earth dream.</i></p> <p><i>I intend to pull all parts of my field into the new consensus energy flow.</i></p> <p><i>I intend to run a Figure 8 or Triple Lotus field in all chakras, subtle bodies and dreamtime self.</i></p> <p><i>I intend to research those ancestors who knew how to hold a magnetic dream and bring this information forward to ascend into this lifetime.</i></p> <p><i>I intend to remain in the light Earth dream more out of any given day now and into the future.</i></p> <p><i>I intend to retrieve the light Earth dream for each part of my field that has been lost over time .</i></p> <p><i>I intend to remain in a dream that is supportive of my continued evolution.</i></p>
<p><b>5. Out of any given day, what percentage do I spend in a rotational lotus based dream?</b></p> <p>_____</p> <p><b>6. What percentage of any given day do I spend in a pyramid or box shaped dream?</b></p> <p>_____</p>	<p><i>I intend to move my field in a rotational manner that allows for the anchoring of the light Earth dream.</i></p> <p><i>I intend to learn to move my field in a rotational pattern 100% of each day.</i></p> <p><i>I intend to collapse all pyramids and boxes and step completely out of the angular dreams that lead to competition and codependence in the human dance.</i></p> <p><i>I intend to enter a rotational dream of unity, peace, joy and enough for all in this lifetime.</i></p>

**FIREPOT CEREMONY**  
**Release List**

**List all patterns, dreams and current life predicaments that you would like to change or release in the year ahead. Utilize another piece of paper if this one is not large enough.**

[illegible]

## FIREPOT CEREMONY Manifest List

*List all dreams that you would like to intend to manifest in the coming year and future ahead. Use another piece of paper if this is not long enough.*

[illegible]

## **FIREPOT CEREMONY**

- 1. Create a place where you can light a fire in a fireproof dish, or in front of the fireplace, or in a barbaque area.**
- 2. Fold your release and manifestation lists into two separate bundles.**
- 3. Now take a moment to give thanks to the past. Imagine yourself in front of an open door. Step through the door. Turn around.**
- 4. There are all the people and circumstances that have contributed to your spiritual lessons in the past. Let us take a moment to honor and thank them. Let us wave good bye to those that we shall be leaving behind in the changes ahead.**
- 5. Now imagine a door in the door way. Shut the door. A key suddenly appears. Now lock the door and throw away the key.**
- 6. Now set your release list on fire and watch it burn to ashes.**
- 7. Now imagine turning around from the closed door. What you see is many paths. Intend that the paths ahead serve your ascension.**
- 8. You will see some of the paths leave and new ones open. You will see new friends, hopes and wishes ahead in your continued journey. Let us welcome what lies ahead.**
- 9. Now set your manifestation list on fire and watch it burn to ashes.**
- 10. Now request that the element of fire relay your intentions to the sun so that they will be returned to the planetary manifestation planes. Let us give thanks for the future that lies ahead.**