



The Seventh Golden Age Of Earth



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Welcome to Section 7 of The Golden Age of Earth! In this section, I will be giving inspiring and uplifting glimpses of the approaching Seventh Golden Age on the planet.

Ascending Earth

What Is Ascension?

From the vantage point of eternity, Ascension is simply the shift in consciousness from duality to Oneness. It is the quantum leap from the evolutionary spiral of duality to that of Oneness.

Long ago, we chose to participate in a vast game of exploring separation from Spirit and the Oneness on behalf of the Source, for soul evolution and development. This was known as “The Fall”. Since The Fall, we have experienced every aspect of separation – war, cruelty, violence, persecution, famine and so on. Now the game of duality is over. We are at the end of the cycle of darkness and separation.

Before The Fall we lived in peace, bliss, unity, harmony and Oneness. Then we chose to experience The Fall where we became disconnected from God-Source. We forgot that we are Divine and Eternal Beings of Consciousness and entered many thousands of years of density, suffering, conflict and pain. The plan was that at the end of the game, we would reconnect to Spirit and the Oneness and assist in the ascension of our planet.



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On December 21st 2012, Earth aligned exactly with the center of our Galaxy and with the Great Central Sun. This Galactic Alignment sent a huge surge of energy across the planet, creating the first wave of Ascension for those souls who were ready to return to the Oneness.

There will be a series of waves of Ascension for several more decades upon the Earth. When these waves are complete those souls who have chosen not to ascend will be moved to other planets where they can continue their experience at that level. There is no judgment in this. It is just a matter of what each soul chooses for its own evolutionary process.

The Mayans said that on December 21st 2012, time, as we know it would end. This does not mean that the Earth would end but that the way that we have been living in suffering, separation and pain would end.

Planet Earth Is Ascending

The Earth has evolved to a point where she is ready to move to a higher frequency dimension. This is a normal evolutionary step for all life in the universe. This process is known as Ascension. Planet Earth is shifting from a third dimensional- to a fourth- and fifth-dimensional vibrational frequency. Everyone and everything ascends when their energy vibration reaches a specific frequency of Light.

There are many different forms of life upon Earth, such as humans, animals, trees and minerals. Anything that lives within the natural flow of Divine Order will have a similar band of vibration to the Earth and as such can automatically ascend with her.



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Everyone on Earth is deciding now, on some level, whether they choose to align with that Divine Order and so ascend to the 5th dimension with the planet or if they wish to continue their learning in the 3rd dimension. Third dimensional learning involves experiencing many different situations to help teach us greater wisdom and love.

A New Earth

We have a New Earth. If you are listening to this lecture, then you are standing on it. It is a planet vastly different than the one you are used to. Your mind has not yet adjusted to the new residence you are in. It is of a greatly higher frequency of light with an entirely new grid system fully activated in crystalline light and contains most of the elements, with more occurring all the time, to bring about a rapid and complete change in human consciousness.

The planet is infinitely different. Billions of facets of its existence have completely changed. Many are experiencing that. If you are not, put aside any mind set you may have that says because you see something solid in front of you, then it is still the same as before.

Go beyond, go to your Self. Feel the new frequency; understand the molecular structure has completely altered and everything on Earth is registering a new harmonic. It is singing a new song and that song is being raised in crescendo every moment from now on until all is singing to the total vibration of the 5th dimension.



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The Transition Period

The world is currently going through tremendous labor pains at an accelerated pace to rebirth itself at a higher level of consciousness. The Great Shift or '2012' was the moment we have all been waiting for although it has been a very challenging ride. For the first time as a species, we have the opportunity to co-create a New Earth through being conscious about our evolution.

- **Cooperation not Competition.** Humans are the only species “that have a choice to destroy ourselves or to evolve.” Without a doubt, we will need to evolve in order to sustain our planet and survive.

In fact, humankind is actually hardwired for cooperation and democracy although this is often not evident. We can actually co-create the New Earth by “evolving by choice and not chance” as we have done for billions of years. “Crises always precede transformation.” The problems and challenges we are experiencing are our evolutionary drivers.

- **The God Particle and Unity Consciousness.** Science and spirituality are further merging in the field of quantum physics. We are very close to discovering the God Particle or Unification Molecule that proves that everything is interconnected. It is speculated that the God Particle endows all other particles in the universe with mass and hence it's part of co-creation. It is a primer element that will open up gateways to other dimensions and levels of reality.

The scientific evidence of unity consciousness will drastically change our perception of reality and will end our many illusions of separateness. It will catapult us into the next level of humanity's evolution.



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With unity consciousness, we will start to see humanity as one, and that God is in everyone and everything. I am part of you and you are part of me. We will end dualistic thinking that separates things and the holism of life.

- **Global Warming.** What are commonly known as “global warming” and “El Nino” are part of Earth’s natural processes to return to her original moderate climate everywhere. While she is achieving this, glaciers will melt, the vast deserts will become arable, rain forests will flourish and variations in temperatures will markedly decrease—ultimately, everyplace on our planet will be comfortably habitable. Peoples now living in the coldest or the hottest climates will adapt.

At this time rapid cleansing and rejuvenation occurs due to intense energies activated within the universe. These periods of transition are vital states of ascension for Earth, humanity and the entire universe.

What happens on Earth affects the entire universe. It is of utmost significance to advanced civilizations that the dark ages on Earth be reconciled within the light of the Golden Age so we are able to reassume our rightful place among our universal family.

While the ascension into the Golden Age will not happen overnight, it will be like lightning in comparison to the long ages that violence, inequities, abuses and deceit prevailed.



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The Golden Age of Earth

What Is The Golden Age?

Ancient Egyptians, Maya, Hopi, Laika and Inca elders understood the Great Central Sun to be a portal that redirects energy from the Galactic Center. With advanced knowledge of astronomy and astrology these ancient cultures noted a perfect alignment of the Sun and Earth every 26,000 years. This happened on December 21, 2012.

The Hindus divided this 26,000 year cycle into four Yugas: Kali, Dvapara, Treta and Satya; the ancient Greeks into four Ages: Iron, Bronze, Silver and Golden. Modern astrologers refer to this 26,000 year cycle as the Precession of the Equinoxes whereby the Earth travels backwards through the entire 12 signs of the Zodiac. Every 2,100 years we enter a new Zodiac Age.

The 24 hour cycle of day and night, the 365 day cycle of the seasons, 2,100 year cycle of zodiac ages and the 26,000 year precession of the equinoxes are all caused by the Earth's spins on its axis in relation to the sun. Each cycle an ongoing evolution of consciousness as we 'fall asleep' and 'awaken' from night to day, winter to summer and equinox to equinox. One complete 26,000 year cycle of the equinoxes transitions us through the dark ages and into ages of spiritual enlightenment.



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Dawning Of The Age Of Aquarius

According to the ancients the dawning of the final 2,100 year Zodiac Age, the Age of Aquarius, on December 21st 2012, heralds the arrival of the Golden Age signifying the completion of one 225 million year full spin of our entire galaxy, and marks the end of all cycles of time.

The Game Of Duality Is Ending

The alignment of our Sun and Earth with the center of our galaxy (Galactic Alignment) resulted in a greater amount of light now reaching us, triggering a global spiritual awakening. In order to withstand the tremendous amount of Light that is streaming into Earth, humans are undergoing a spiritual and physical ascension whereby our Carbon-based cells are being transformed into a Crystalline, non-polar or zero point energy formation.

However, the transformation to a fully crystalline body will take many generations into the future to reach its fulfillment. Our generation is beginning the crystalline metamorphosis to whatever extent our body can handle; the next generation will take it to the next level; the generation after the next will take it still further and so on and on.

Duality opposes the Divine Law of Polarity which states that what appear to be opposites are simply two extremes of the same thing. There is no duality of good or bad, right or wrong, positive or negative, everything is simply an experience.



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Since the Dark Ages on Earth, the split between the two hemispheres of our brains has caused us to live life of dualities. The left hemisphere concerns with logic, mathematics and sequential relationships conceptualizes everything in a linear time frame, creating an illusion that we are finite, separate from one another and separate from Divine Source.

In contrast, the right hemisphere concerns with creative processes such as music, rhythm, imagination, intuition, humor and dreams understands that we are infinite, connected in unity to one another and Infinite Creator. As we ascend, aided by the decrease of the Earth's magnetic field and gravitational pull, new synaptic pathways are being forged to promote hemispherical communication, thus ending our need to continue in the illusionary cycle of Duality.

Ascension is the process whereby we remember who we are. Our emotional bodies, linked magnetically to the Earth, are aided by the expansion of the Earth from the magnetic polarity of the first three dimensions, to the Crystalline, Zero Point, non-polarity of the higher dimensions, to assist us to dispel all beliefs and behaviors that don't align with the new zero point, Golden Age paradigm.

The Golden Shift Within

Whether you are spiritual or not, most of humankind knows that we are going through unprecedented and transformative times on our planet. Even developed countries that were once politically and economically stable are experiencing chaos and strife. The Great Shift or Turning of 2012 has challenged us in unparalleled ways. When will the hardship and upheaval end? Reality is changing so quickly. When will it get easier for the planet?



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The Ancients have always talked about a Golden Age coming when the Earth would experience 1,000 years of peace.

Let's shift our consciousness to another perspective. This is what the Great Shift is all about – evolution, new paradigm thinking and living at a higher level of consciousness. While a Golden Age is yet to manifest globally and may be years away for our entire planet, it can actually happen within you if you are not attached to the chaos of the world.

The Golden Age will happen in small pockets in communities of those who are seeking to be enlightened. It started with the advent of the New Age. Leaders of this movement, in answering their calling, are being of service to steward the planet through massive transformation. However, first, change has to happen within us, before it can reach a critical mass to impact the planet.

The Golden Age is actually within us and is our birthright. It remains dormant until we know that we are divine and that God-Source is within. It requires much soul work and needs to be earned since gold is a very precious commodity. Let's look at some of the essential tenets to live a golden life:

- ❖ **Alignment to Source.** A natural stream of well-being flows through us when we are one with God-Source. When we have a strong connection to Source we feel centered, expanded and are living in the present moment. We feel harmony within and with those around us. Our minds are still and quiet of incessant chatter. We have that "All is well feeling."



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- ❖ **Spiritual Guidance.** It is our spiritual birthright to have direct contact with the Divine or the All-Embracing Spirit, anywhere at any time. We make the connection through our Infinite Self. Infinite Source and spiritual beings such as angels, spirit guides and ascended masters are always ready to listen.

- ❖ **The Art of Co-Creation.** We know how to co-create what we need in our lives. The difference between co-creation and manifesting is that we partner with the Divine to create what our soul, not our ego, wants in life. We align with our Infinite Self, with Divine Will and with Mother Earth in creating and manifesting our dreams. I have discussed the three alignments of Holistic Creation in Lecture 32.

Co-creation is mutual, reciprocal sacred contract with the Divine. It is part of being of service to humankind – as we serve the universe, the universe will serve us. When we ask for abundance in our life, we ask for abundance for all and the planet.

- ❖ **Higher Octave Emotions.** We have a choice, most of the time, about our feelings. We make the choice to reside in higher, vibrational emotions such as love, joy, optimism and hope. We choose these states over fear and doubt which cause us to fall from grace. We adeptly know how to move ourselves out of the denser emotions.

- ❖ **Being-ness and Unity.** When we are focused in the present, we are not thinking and are being. We are connected to Source and are one with ourselves. Our psyche is not fragmented with a multitude of voices going off in our head. Being-ness helps us to connect to unity consciousness which honors that we are all one and interconnected. We are able to transcend duality, feeling peace and harmony.



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So we can bring more 'heaven to earth' by becoming golden. Aspire to holding this energy for it will exponentially spread when more do so. This will be our contribution in the birthing of a New Earth for humanity.

The Power Of Love

The Golden Age of Light or the Age of Aquarius refers to the transition to the fifth dimension where dreams become a reality, souls are unlimited, manifestations are instantaneous and experiences are perpetual freedom. What is happening now, with the help of stabilizing forces, is the transformation of our planet—Earth's rejuvenation and return to balance—reaching completion in the Golden Age.

Along the way there will be many profound changes, changes we can't even imagine, that will transform life as we have known it into life in total harmony with all of Nature global wide and thusly flow out into the universe. The negativity that is the root of fear, greed, dishonor and violence will be gone in the Golden Age, and the vibrations of Earth's entirety will be LOVE.

LOVE, which is the same energy as LIGHT but simply expressed differently, is the pure essence of Source, the ultimate power in the Cosmos. This energy is the composition of souls and the key to opening hearts and illumining minds, and it is flowing more abundantly on Earth than ever before.



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As the darkness continues to fade, love will replace conflict and tyranny with peace and cooperation; love will eliminate the superficial superiority of one group over another; love will enlighten those who regard others as possessions or dispensable and uplift those who have been subjected to living in those conditions. In short, LOVE is the power that is transforming our world.

Angels, Ascended Masters and Advanced Civilizations Are Helping Us

The Ancients have documented specific periods including Lemuria, Atlantis, Egypt and Mayan whereby the ancient knowledge of Pure Potential including the universal Laws of Oneness and Attraction, as encoded in ancient texts including Sanskrit, hieroglyphics, crop circles, mandalas and cave paintings, would be translated and made available for humans to utilize to facilitate ascension.

Opportunities to return to higher densities have been offered in prior cycles and missed. Previously, each time the information was made available, we failed to break through completely indicating we failed to understand the information provided to us.

As we enter the optimal energetic alignment for ascension in the Golden Age, advanced civilizations from the higher dimensions are assisting us, many of whom have incarnated into human form, to assure we do not miss this opportunity.



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What happens on Earth affects the universe, so it is of utmost significance to advanced civilizations that the dark ages on Earth be reconciled within the light of the Golden Age so we are able to reassume our rightful place among our universal family.

The progressive changes have required and will continue to require the help of Angels, Ascended Masters, Extra-terrestrials, Intra-terrestrials and Ultra-terrestrials. Know with your entire being that the world of love, joy, peace and harmony you have been co-creating is close at hand. Remember that you chose to be exactly where you are right now so you could participate in this unprecedented time in the universe!

Communities On New Earth

During the transition period, a tremendous opportunity is being offered to all those souls who are willing to accept it, to live in a cooperative way, working together for the highest good as we build communities for the Golden Age.

The Call

Some of us have had the long cherished dream of living together in conscious community. As duality is no longer our predominant reality, it feels appropriate to live with others who are also consciously inhabiting Ascending Earth.



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We want to create the foundations of a New World. These new foundations are so vast that they cannot be created by us as separate individuals. Instead, we want to come together in unity. Living together in community is a natural way to live where we can express our full being on a daily basis. This might be the natural next step for those of us who feel called.

An important component of the new communities is their interaction with the people and communities around them. They are not closed off colonies. Instead, they must find ways to serve the nearby people and their environment – for they are also part of our collective unity.

Since conscious communities exist in a different frequency band of energy than most of the world, we will not be as susceptible to the fluctuations of duality as before. Here we will be able to live more fully on Ascending Earth, surrounded by those who support us and resonate with us.

Different Functions Of Communities

There are many incredible conscious communities already manifested, and more are coming into existence each and every day. Many communities will be established in remote areas of the planet, while others will be located in more populated places.

It is understood that each community creates its own special energies, characteristics and purpose within the New Earth. Each one is of great importance in its own particular unique energies and function. Some communities' function is to anchor the immense amount of Light that is streaming into the planet and birth the New. Each community holds a unique blueprint. When these blueprints of the various communities are combined, they create the New Earth.



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Benefits Of Living In Communities

Because we are currently living in a dense world, it is more difficult to live in the vibration of Oneness. We forget; we get distracted by the physical world and all it has to offer, the disguises and the trappings. We need to remember the Light in the midst of density. Light Workers want to come together and find ways to support each other; they want to create healthy, abundant and fulfilling lives.

People of like mind could come together in a cooperative community as a home base with a mutual purpose of receiving the community's support. They could travel out into other communities who have different levels of consciousness and then come back to their own community for support and to be reminded that they are the Light.

Light Workers are increasing in numbers and strength; we are remembering that we can be in this dense world in the form of a community. We remember who we are; we can help others evolve and thereby continue to evolve in our own strength and purpose.

Fifth Dimensional Communities

Small fifth-dimensional communities will be formed and here people will live together for the highest good. Within several decades or even earlier, people will be attuned to each other, many communicating telepathically, so there will be no leader, just Oneness. Words like 'decision' or 'leader' will not be required because the inhabitants will be living harmoniously and mostly telepathically together so choices will evolve automatically for the benefit and satisfaction of all.



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Within these small communities people will become co-creators with each other and the Divine. All choices will arise for the highest good.

Because many people will have opened up spiritually and psychically they will be seeing angels, fairies and other elementals. Gardeners and farmers will be communicating with the elementals to help the plants grow, as well as to learn from them. They will discover the bounty that nature bestows if treated with respect and love.

Because everyone is working for the highest good of all in the fifth-dimensional communities, the older generation will once more be honored and people will listen to their wisdom. With good organic food, cleaner air, pure water, more peace and quiet, higher frequency satellite communication and a good feeling of belonging, senior citizens will once more become healthy, alert, alive and productive, which will raise the consciousness of all.

Fifth-dimensional communities on all continents will engender a sense of belonging, caring and cooperation. Open-hearted exchange and sharing promotes togetherness, generosity and higher love. Creativity of all sorts is encouraged, as is spirituality and Oneness.

As the veil between the physical and spiritual world lifts there will be a feeling of Oneness with animals, plants and fellow humans. People will begin to remember and feel their brotherhood/sisterhood. This will contribute to the success of small communities with a sense of belonging.



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Myriad Versions Of New Earth

Some people on Earth are resonating at a higher vibration and some are not. Some are returning to Oneness, and some are remembering who they are and are helping others to remember. People on the Earth are at many levels of consciousness. When enough people evolve, we will recreate the consciousness of Oneness on Earth.

Because many humans still resonate to so many different frequencies, Earth has many parallel realities. The primary version of Earth is actually in the higher sub-planes of the fourth dimension. However, some of the versions of Earth are still in the third dimension while some are still in the lower sub-planes of the fourth dimension. New Earth is on the threshold of the fifth dimension, and those humans who are able to resonate with and conscious of this are experiencing "Heaven on Earth".

We are the creator of our reality. Perception IS creation. Therefore, each of us may have very different experiences because we will choose different perceptions. In this manner, we will create myriad different versions of fifth dimensional New Earth.

Communities Are Not For Everyone

It is perfectly fine for those of us who choose not to join communities! Listen to your heart and inner guidance in all matters. Perhaps you will feel drawn to join a community at a future time.



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Education In The Golden Age

The development of a new civilization on A New Earth involves the building of positive and caring interpersonal relationships. The young and old of this new civilization will learn to live in harmony with one another. Education plays the most important role in achieving this goal, especially in children.

Education will undergo considerable improvements. The new curriculum will emphasize the symbiotic relationships between people, technology and the environment. The focus will be on the interrelationships of humans with Earth and with each other. Early education will emphasize understanding and cooperation.

The learning environment will become more suitable for children. Community schools will replace the old schools and children will flourish. They will be taught less of other people's ideas and their innate gifts will be drawn out more. Education will be right- and left-brain-balanced, with more creative expression and honest communication encouraged. These smaller local schools will allow contented, balanced and evolved children to emerge, ready for the Golden Age.

Children will be given time to explore their own interests while also participating in cooperative behavior and interaction with other children and the environment. Hands-on experiments and tours of the natural environment will provide ongoing laboratories of learning.

In the schools of a unified planetary civilization, educational programs would teach the ways of love and to renounce the ways of fear. They would accurately document how fear motivation led to sorrow, suffering and disease. They would show that love motivation led to greater intelligence, good spirits, a healthy body, material prosperity and enjoyment of life.



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Patriotism and national pride, which tend to obscure the contributions of other nations, would no longer be relevant to a unity-based culture. Children would be educated from birth to consider themselves planetary citizens, without sacrificing freedom and individuality to any form of totalitarianism. Education would stress a cooperative world enterprise in which individuality, creativity and cooperation would be the norm rather than the exception.

In the schools of tomorrow, classrooms would provide information about human behavior and the forces that shape our culture and values. Education would emphasize humane values and communication, an essential process to improve the interaction and communication between people of all races, colors and beliefs.

Education at all levels will be accessible and affordable to everyone. Academic systems will stimulate the desire to learn, and preparation and distribution of textbooks along with development of computerized and televised lessons will be done expeditiously. Instruction about accurate planetary history and authentic universal knowledge for every level from early childhood through postdoctoral studies will be available to everyone.

Along with extensive courses in all branches of science, philosophy, mathematics and languages, other subjects will include spiritual and metaphysical studies. Because all forms of artistic expression come from the soul, music, writing, painting, sculpture and all types of arts and crafts will be given emphasis commensurate with their vital importance.

Harmonious sounds bring individuals into harmony. In schools music will be played to heal and soothe children so that they can learn more easily.



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To improve the mental condition of all students, not only are books and other visual and/or auditory aids are used, but also through games that are both physically and mentally stimulating.

The greatest change, however, will be the expanded brain usage and increased capacity for reasoning that will lead to much greater interest and facility in acquiring knowledge. This glorious aspect of Earth's Golden Age applies not only to students, but to everyone who is living in those high vibrations.

The New Business Paradigm

The new business paradigm is based on creating or producing for the highest good of the community and the planet. As most people will be living at a fifth-dimensional level, there will be an emphasis on cooperation, seeing the best in others and empowering them, offering excellence and each person contributing in a way that makes their heart sing. Those businesses that honor everyone concerned and actively promote the good of animals, the nature kingdom and humanity will continue to be successful during the transition period.

The economies are collapsing because the planet has moved up in frequency and the cogs of old and new are no longer in sync. In order for them to synchronize, the world economy must move at a faster frequency, in other words with more honor, openness, honesty and fairness.



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The system will continue to collapse and evolve until an economic structure based on fairness and integrity is in place. Then this too will dissolve as money ceases to have relevance after 2050.

As we're transitioning into the Golden Age, the huge businesses will continue to collapse. All companies that exploit people, animals or the land will disappear. Big supermarkets will gradually dissolve to make way for locally grown produce and small farmer's markets.

Only those companies that accommodate the changing frequency of the planet and operate for the highest good of all will survive, although in a very different form from that of their current modus operandi.

Money Will Gradually Be Phased Out

Although money has been the basis for commerce, its major use has been to concentrate power in the hands of a few individuals; therefore, economic reforms are crucial as we transition into the Golden Age. This immense imbalance cannot continue and it won't.

Within thirty years the concept of lending non-existent money and charging interest on it will be considered corrupt. The principle of rich and poor will be unimaginable. Honest, knowledgeable people will manage the new monetary system, which will be based on precious metals, and they will allocate fairly and equitably all of the world's resources.



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Gradually, rich people will no longer feel able to sit back and allow children or adults to work in sweatshops or for slave wages to provide them with material goods. Led by the people there will be a huge move by richer countries to help those that are less fortunate, and this will help to balance the enormous divides globally. By 2022 there will be massive international cooperation on many fronts and terrible working conditions will no longer be tolerated.

We foresee that money will gradually be phased out within the next fifty years. There will be no banks or financial institutions. The way that the banks, financial institutions and many businesses work is not aligned to the highest good and must adapt to accommodate the new paradigm.

Work In The Golden Age

In the Golden Age, individuals will seek work that aligns with their higher purpose and brings them satisfaction. Those who raise their frequency and attune to the higher energies available will find their soul work, which will automatically come to them under the Law of Attraction.

By 2050, the majority who live in fifth-dimensional communities will occupy themselves in a way which honors and respects their gifts and talents.



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The fifth-dimensional world is one without ego, power struggle, personal drive or ambition, just a desire to express yourself creatively, serve others, connect with the Earth and attune to the spiritual dimensions. This may seem boring to those who are caught up in the dramas of personality struggle and emotional need. However, it will offer a wondrous sense of joy, contentment and peace to those who are ready for the NEW.

It will be considered important to do what fulfills you and makes you happy, and the people will spend their time being creative and happily productive.

Because the majority in the world will be living in the fifth dimension, communities will be cooperating and sharing for the highest good, so there will be no need for money. Instead goods will be exchanged locally.

Earning A Living In The Golden Age

Many types of work will change, but everyone who wants to be employed can be; all salaries and wages will be equitable and more than sufficient. Greatly enhanced food production methods will provide an abundance of nourishment for everyone around the world.

We are accustomed to thinking of employment as a job with salary or wages whereas that word means the use of time, tools or services advantageously—that is what we will be doing in the fourth and fifth dimensions. Because many kinds of careers that we are accustomed to doing or requiring don't exist in the higher dimensions, they will be phased out gradually so as not to present hardships to anyone.



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Areas that will cease or change considerably include military service and all industries associated with war, chemical production, oil and natural gas extraction, logging, mining and manufacturing.

Multinational corporations and monopolies in any business field have no place in the higher dimensions.

Bodies will be healthy and perfect, so physicians, psychological therapy, pharmaceuticals and health care insurance won't be necessary.

There are no financial binds—no mortgages or other indebtedness—so there is no need for lending institutions, and there is no reason to sue anyone, which eliminates the need for legal counsel in those kinds of matters.

Because many of the laws, regulations and various types of licenses won't be needed, the people who enforce or issue those won't be needed either. There will be far less need for attorneys, judges and court reporters.

We won't miss those kinds of jobs, and we won't miss the common aspects of working. In the fourth or fifth dimensions, there are no tedious or monotonous jobs; no 9 am to 5 pm or weekend workdays or swing shifts; no long commutes to workplaces or traffic jams; no quotas to fill; and no concerns about loss of jobs.



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If your experience and expertise is in a field that is not part of higher dimensional life, please do not worry! Academic studies and training at every level are available to all, and you can choose to enter any field that interests you. The wide variety of possibilities includes communication, education, child care, transportation, clothing design, entertainment, sports, architecture, construction, landscaping, property maintenance, farming, food service, animal care, libraries, artistic and cultural events, publication, commerce and civic administration.

Living In The Fifth Dimension

We are experiencing higher frequencies than ever before due to the Galactic Alignment which continues through to 2032. Since we live at a higher frequency now, we have more access to the fifth dimension. Love, joy, peace, harmony, gratitude, compassion, non-judgement are predominant emotional states of this dimension.

Our perception, awareness and hearts become expanded. We are more telepathic, intuitive and are often guided by our gifts of spirit and receive illumined insights. We have more access to timeless universal wisdom and receive downloads on new spiritual concepts. We can move out of linear time and can connect to spherical or eternal time.

The Golden Age will usher our ascending planet Earth into the fifth dimension. In the fifth dimension, our every thought and emotion will instantly become manifest. For example, we want rain; instantly rain would come or we think of sunlight and the sun would come out, etc.



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It is therefore of utmost importance that we master our thoughts and emotions and stay in higher consciousness. If we have doubt or fear-based emotions and/or thoughts or if our consciousness falls down into a lower resonance, then we will find ourselves in a lower frequency version of Earth (such as the third or fourth dimension). Then, we would need to transmute such fear-based thoughts and emotions with the vibration of unconditional love which would expand our consciousness and allow us to ascend back to the fifth dimension.

Tips For Living In The Fifth Dimension

- **Staying aligned to Source:** Maintain the connection to God-Source by consistent meditation, prayer, gratitude, creativity or doing that which brings you joy.
- **The Golden Rule:** Treat others as you would like them to treat you. Constantly think how others feel and would like to be treated.
- **Do things that are for your highest good:** If something is not for your highest good, then it is not for the highest good of others either. The converse is also true.
- **Associate with high frequency people or with those who inspire and uplift you:** Choose your friends wisely, even if this means walking alone or having fewer friends for a time until you attract new ones.



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- **Prioritize your life so that you have more leisure:** You cannot be too busy and maintain your vibration in the fifth dimension. Allow time for meditation, prayer, creativity and play.
- **Take things lightly:** Treat things lightly so that you enjoy fun and laughter. Choose laughter as a response. You will feel happier and so will people around you.
- **Practice and embody high octave emotions:** Remember that high octave emotions such as love, compassion, and gratitude make us feel so much better and increase our vibration. Thank the Divine every day for all the goodness you have in your life.
- **Listen to the divine promptings:** Watch for signs and always listen to the promptings of the divine. This is part of fifth-dimensional attunement.
- **Keep your home in a high vibration:** Keep your home clean and harmonious. Flowers, beautiful music and colors help.
- **Live with abundance consciousness:** Watch your thoughts and words. Make sure that they align with the highest possibilities of abundance and manifestation.



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- **Healthy living:** We are becoming more conscious, which requires us to operate at higher frequencies. To keep our bodies and minds tuned up and clean we need to increasingly eat lighter, healthier and fresh plant-based foods and stay physically active. What we eat, drink, think and do create the energetic vibration that we are.
- **Spend time in nature:** Being in nature keeps you in balance and harmony and really helps you to maintain a fifth-dimensional frequency.
- **Find work or employment that satisfies your soul:** When you are doing what you love, you live in joy and are in higher consciousness or have an internal feeling of "Heaven on Earth".

Straddling The Old World And New Earth

Make a choice to be with those who have a higher vibration as we will uplift each other. This is not always possible due to family and workplace situations. Here are some tips when you are dealing with people who are still of the Old World:

- Don't judge those who have 'denser' energies than you. Everyone is at different levels of soul development.
- Don't engage in their drama and or 'take the bait.'



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- Set appropriate boundaries.
- Be more tolerant of their behavior although never remain in an abusive situation.
- Realize that they present you with an opportunity for patience, not losing your cool and being non-judgmental.
- If you are triggered is there something in you that needs more healing?
- Send their Eternal Self/Higher Self white light and hold the intention of harmony before you meet.
- Bless and accept them.
- Don't meet their vibration; take the high road.

This is a very exciting journey that we are on as we co-create the New Earth together! It is a very special time for us to be alive not only for our own spiritual growth but for the contribution that we make for the planet's evolution.



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The Ascension Of The Planet Is Gradual

Asur'Ana speaking. The transition of our beautiful planet into a star is a gradual process and will take many years to come into fruition, because if everything were to happen all at once, we would simply combust.

The Golden Age of Light does not happen in the blink of an eye nor in the flip of a light switch. It builds in layers and continues to evolve at a marked pace. You will know you have shifted into a higher reality as you step further through the veil in the months and years to come.

We ask that you stay the course and live in truth, for truth and love are the most powerful sources to humankind. Love builds and strengthens the crystalline planetary grid. Truth ignites the embers burning deep inside your original memory of Self.

You will make the leap beyond the veil of The Seventh Golden Age as you strengthen and repair the Bridge of Light.

We honor and bless you on your most sacred journey always!



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